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BREAKING THE 'BROKE STUDENT' STEREOTYPE: METRO REVEALS WAYS TO SAVE AT PRICEY ONTARIO UNIVERSITIES PAGE 3

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Victim's dad wants inquiry

Mall beating. Barrie cop on trial for alleged assault during the arrest of Jason Stern in November 2010



JESSICA SMITH

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A Barrie father wants a public inquiry into past criminal cases involving the cop who is on trial for allegedly assaulting his son and fabricating evidence

to cover it up.

Barrie Police Service Const. Jason Nevill was charged after he arrested Jason Stern at Bayfield Mall in November 2010. The trial began last January and is on a break until April. Nevill is innocent until proven guilty.

"I think there should be an inquiry, once the trial is over, if he's convicted," said David Stern, Jason's father. He said an inquiry into Nevill's past arrests could raise questions about whether any people were wrongfully charged or harmed.

Jason Stern was with friends at the mall in November 2010 when his friend broke an ornament on a Christmas display, according to testimony at the trial. They left, but Stern returned to fetch the wallet he'd left behind and was detained by security guards, who called police.

What happened next can be seen on surveillance video. Const. Nevill arrives and appears to talk to Stern for about half a minute. Then the officer comes toward Stern suddenly, pushes him against a wall and, as the

two mall security guards jump in to help, forces him to the ground. With the guards holding Stern down, Nevill appears to hit Stern, handcuff him, and continue to hit him.

Later, a mall security guard washes away blood left on the pavement.

Stern was charged with assaulting a police officer with the intent to resist arrest. When the mall surveillance footage came to light during the court process, the Crown dropped the charges against Stern and the

police chief called in the OPP to investigate Nevill.

One part of the trial testimony that concerns David Stern was that the police had used video evidence from the same mall in other cases, but when Nevill claimed to have been assaulted by Jason Stern, he didn't ask for the surveillance footage to prove his claim.

"That's extremely telling," said David Stern, adding he's concerned there could be a "good ol' boys club" mentality at the police service, where an offi-

cer who took down a suspect on his own would "get a pat on the back" or be considered a hero.

More coverage

In Ontario, the Special Investigations Unit provides oversight of police forces in many cases but was not initially involved in this case.

- For more on this story, turn to page 6.



I FELT LIKE A ZOMBIE AT WORK TODAY

Commuters hustling through Union Station Wednesday were surprised to encounter zombies from the TV series *The Walking Dead* wandering aimlessly among them. Leo Burnett agency created the display — including a massive rotting hand on the main floor of the station, as seen in the background — to promote the show's new season, which begins Feb. 10. CHRIS SO/TORSTAR NEWS SERVICE

UFOs nothing to LMFAO at

Canada's former minister of national defence believes in aliens and he's not embarrassed to admit it. "The more I learn, the more concerned I get," he tells Metro PAGE 5

Cuban marriage crisis

Brampton woman says her husband left her three days after arriving in Canada with his sponsorship papers. Erin Standen says she's not only left with a broken heart but also with thousands of dollars in debt PAGE 3



Mali woman beat in public for affair

She's just one of the victims terrorized by extremists who applied a harsh brand of Shariah law when they took control of Mali's north PAGE 24



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From the cheap seats

Jays fans feel the pinch of team's upswing

Amid the overwhelming optimism surrounding the Blue Jays these days, there is a catch.

The cheap seats are shrinking.

With ticket sales up and demand growing, the Jays restricted the sale of their popular "ballpark passes" this year, leaving many fans feeling disgruntled and left out.

Some worry a price hike might be next.

"It really feels like they're catering to bandwagon fans and don't care if they upset the ones who have been there cheering for the last two decades of mediocre teams when nobody else could bother," said Brian Chick, 31, who held a pass for eight seasons before this year.

As far as the Jays are concerned, frustrating fans like Chick is simply the cost of doing better business.

"It's a good problem to have when there's an increased demand for your tickets," said Stephen Brooks, the team's senior vice-president of business operations.

Formerly known as "fan passes" — and previously sponsored by the Toronto Star — the highly discounted tickets grant customers a seat in the nosebleeds for every home game excluding opening day for just \$99.

That works out to a little less than \$1.25 per game.

TORSTAR NEWS SERVICE



New Jays shortstop Jose Reyes
THE CANADIAN PRESS

Tow-truck driver describes Russell's last moments to court

A veteran tow-truck driver teared up and a police officer wept as they described trying to save Ryan Russell as he lay dying after being hit by a stolen snowplow two years ago.

To a hushed courtroom, driver Herculano Pereira described rushing to the Toronto police sergeant, who had been hit in the legs and head on Avenue Rd.

"The officer is face down on the ground and there is blood



Herculano Pereira leaves court
Wednesday. TORSTAR NEWS SERVICE

running down from his head," he told an Ontario Superior

Court jury Wednesday.

Pereira fumbled with his cellphone to call 911 and grabbed the officer's radio to try to phone police dispatch, he said.

"By the time the radio worked they had answered 911," he said.

"They started asking me if he was breathing. Not that I could see," Pereira testified.

The officer's gun and Taser were on the road nearby. "They

told me to roll him over on his back — and another police car showed up."

Through all Pereira's testimony, Richard Kachkar, 46, who has pleaded not guilty to first-degree murder and dangerous driving, looked down, as he has done for much of the trial, which opened Monday.

There is no dispute he drove the snowplow. The only issue is his state of mind at the time.

TORSTAR NEWS SERVICE

Bride heartbroken, broke after Cuban marriage

Crumpled napkin.

Brampton woman says husband vanished 3 days after arriving in Canada

Quoted

"He took everything I bought him.... I feel so empty. He just ripped my heart out of me. I feel so used and violated."

Erin Standen

After Erin Standen married the man of her dreams a year ago, she showered him and his family in Cuba with love — and gifts. In June, while waiting for the spousal sponsorship to come through in Havana, the 28-year-old Brampton single mother began renovating her basement apartment for their new life.

She ripped out the carpet, installed tile floors, bought a 47-inch big-screen TV and put in a \$4,000 bedroom set, anticipating his arrival.

On Jan. 12, the long wait was finally over and Jorge Manuel Batista Gonzalez, 33, arrived at Pearson International Airport.

Three days later, Standen says, Gonzalez — after kissing her goodbye as she left for her waitressing job — walked out the door with all the clothes and other things she had bought for him, along with \$1,000 tip money she had collected in the bedroom.

All that remained of him, she says, was a misspelled note on a crumpled napkin: "Sorry I don't fell love anymore. Don't lock for me. I'll be good. I will try to pay you back. Thank x Everithing, Jorge Manuel."

Standen says she was left with thousands of dollars in debt — from a \$4,000 cellphone bill to money she borrowed from her parents for her wedding in Cuba — and a broken heart.

Standen says she called the police but was told there was nothing they could do because the two were married. She called the Canada Border Services Agency to report the alleged marriage fraud, but says she was told: "Your case is one in 10,000. You'll never know what happens to him."

TORSTAR NEWS SERVICE



Erin Sanden marries a Cuban man, Jorge Manuel Batista Gonzalez, and brings him to Canada. Three days after he arrives, he disappears. "Don't look for me," he writes in a farewell note on a napkin. TORSTAR NEWS SERVICE

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1 NEWS



Newspaper man honoured

John Honderich, Torstar Corp. chair, was honoured for his lifelong support of newspapers with the Advertising Club of Toronto's first annual Award of Merit, during a lunchtime ceremony inside the Liberty Grand on Wednesday. CARLOS OSORIO/TORSTAR NEWS SERVICE

Councillor thwarts burglars

Danforth. Janet Davis says yelling at thieves was what 'any concerned resident would do'

Coun. Janet Davis is being praised by local residents after she scared off burglars who had broken into a Danforth Avenue toy store Saturday night.

Nothing was taken and the two males bolted after Davis

"yelled at them."

"I was walking with my partner home from a restaurant and we stumbled across a burglary in progress. I yelled at them and (they) ran off and that was the end," Davis said.

At first the veteran councillor wasn't aware of anything amiss as they were passing the Silly Goose Kids toy store, at 2054 Danforth Ave.

"There was one person on the street who approached me, I think trying to distract us, and

asked if we had a cigarette. I said no, and about three steps ahead I noticed something fall and I realized it was glass falling off the door.

"I realized the front door was smashed. I heard something in there, so I stuck my head in and yelled, 'Hey what are you doing in there?' Some guy came out and then he ran off. The other guy ran off as well."

Police arrived quickly but couldn't locate the pair.

TORSTAR NEWS SERVICE



Coun. Janet Davis
KATE ALLEN/TORSTAR NEWS SERVICE

Work hazards. Paramedics seeking more protections

Toronto paramedic Aron Sperling hobbled up the stairs to Old City Hall on crutches Wednesday morning, on his way to hear the case of the man facing an assault charge stemming from a January altercation that sent the veteran paramedic to hospital with a broken leg.

Sperling was responding to a call at Ninki sushi restaurant downtown on the evening of Jan. 17 when he incurred serious injuries, including a fractured leg, allegedly after a scuffle with the man he had come to help.

Dale Sawanas, 42, is scheduled to appear in court Wednesday, charged with assault causing bodily harm, fraudulently ordering food and failing to comply with probation.

Sperling, alongside the Toronto Paramedic Association, is calling for changes to be made to federal legislation to better protect paramedics. They are calling for stiffer penalties against those who assault a paramedic on



Toronto paramedic Aron Sperling
CARLOS OSORIO/TORSTAR NEWS SERVICE

duty, similar to the legislation which protects officers in the line of duty.

Sperling said paramedics face all kinds of abuse while on the job, including being punched, kicked and spit on.

Geoff MacBride, president of the Toronto Paramedic Association, said the organization has approached some provincial politicians and are hoping for a private member's bill.

"So often we're forgotten," he said. **TORSTAR NEWS SERVICE**

Study. Private booze stores would lead to more deaths

Azmi Farah thinks it is only a matter of time before he can sell beer, wine and spirits at his midtown Toronto convenience store and is skeptical about a new study linking increased private availability of booze to a hike in alcohol-related deaths.

If anything, the convenience of buying booze at your local convenience store could increase public safety by reducing the need to get behind the wheel when drinking, he argues.

A British Columbia study has found the number of alcohol-related deaths jumps by two per cent when the number of private liquor stores increases by 10 per cent.

Researchers looked at all types of deaths related to alcohol — including accidents, homicides and cancer.

The study was published online Wednesday in the journal *Addiction*.

It will no doubt fuel the de-

Reaction

The Ontario Convenience Stores Association is lobbying hard for the sale of alcohol in corner stores.

- Dave Bryans, CEO of the association, was skeptical of the study, particularly as it related to drinking-and-driving deaths.
- Andrew Murie, CEO of MADD Canada, said his organization is opposed to the idea of corner stores selling booze.

bate over whether beer, wine and spirits should be sold in corner stores, something provincial Conservative Leader Tim Hudak has recently proposed.

Premier Kathleen Wynne is opposed to the idea.

TORSTAR NEWS SERVICE

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Ex-defence minister set for mock alien hearing



Paul Hellyer, who was defence minister under Lester B. Pearson, believes aliens exist and will speak on the topic on Thursday. STEVE RUSSELL/TORSTAR NEWS SERVICE



JESSICA SMITH
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The Canadian man who is the first cabinet minister in a G8 country to go public with a stated belief in extraterrestrials will be giving a speech in Toronto on Thursday.

Paul Hellyer, minister of national defence under Lester B. Pearson and deputy prime minister under Pierre Trudeau, will speak at the Conspiracy Culture Bookstore on Queen Street West. The event is a Canadian preview of the Citizens' Hearing

on Disclosure, a mock senate hearing on extraterrestrials that will be held in Washington, D.C. in April. Hellyer is scheduled to testify and will talk about how he came to believe in aliens.

As minister of defence, he received "sightings reports" of unidentified flying objects, the vast majority of which were ultimately identified as natural phenomenon, he said.

For years a friend sent him information about UFOs, but he paid no attention to it until he read *The Day After Roswell* and watched a program by Peter Jennings, who interviewed

Quoted

"How are we treating the extraterrestrials, are we still trying to shoot them down, or not? People in the U.S., in the world, deserve to know."

Paul Hellyer

people who had seen UFOs.

"I personally felt all these people couldn't be lying," he said. Since September 2005, he has been speaking out.

"The more I learn, the more

concerned I get," he said. "I really feel compelled to do anything I can to get public attention to the fact that there are all these secrets that are being held which affect our lives and future in a very real way."

He's received "a few raised eyebrows," but says his good reputation has prevented anything very negative. Hellyer said a lot is riding on having an open discussion about extraterrestrials, including ending the world's dependence on fossil fuels by harnessing zero-point energy with technology developed by contact with aliens.

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Canadian conspiracies pale beside U.S. theories

America seems to have a lock on conspiracy theories, from the shooting of JFK to the 9/11 truth movement to claims that the Sandy Hook shooting never happened. In Canada, we have a tamer history of conspiracy theories. Here are a few highlights:

Project Magnet

A short-lived government program run by the Department of Transport in the early 1950s, Project Magnet was tasked with investigating UFO technology. The truth of what it uncovered is less clear. Wilbert Smith, the lead engineer, determined that

not only did flying saucers exist, but their "modus operandi" is unknown. The topic is deemed both highly classified and of the most extreme significance by the U.S. government, says former Canadian defence minister Paul Hellyer.

Poppy quarter recorders

The U.S. Defence Department issued a warning about Canadian coins with radio-frequency transmitters in them planted on U.S. contractors with classified security clearances in 2005 and 2006. How-

ever, the alleged bugs were actually just quarters with red poppies on them that the Canadian Mint issued in 2004.

Toronto City Hall conspiracy

Coun. Giorgio Mammoliti has hired an investigator to look into a "conspiracy" at city hall that involves councillors, city staff and members of the public. He said he's been followed and found evidence that his phones have been tampered with. He's waiting until the investigation is complete to show police and the public his proof.

Avro Arrow

Theories about the Avro Arrow planes abound, including why the Diefenbaker government cancelled the aerospace program in 1959, and that one plane escaped the destroy order. Arrow Recovery Canada is one of the groups searching for nine model planes believed to be at the bottom of Lake Ontario. This month, lead diver Marlyn (Mar) Smith told London Community News they're "this close" to finding them.

JESSICA SMITH/METRO



People dressed as aliens party in Bugarach, France, on Dec. 21, 2012, after the end of the Mayan calendar passed, giving locals a chance to mock UFO legends about the area. MARKO DROBNJAKOVIC/THE ASSOCIATED PRESS



Video lands Barrie police in hot water

Alleged beating.
Online community ambushes BPS Facebook page after footage released



JESSICA SMITH
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Surveillance video of a Barrie police officer hitting an unarmed, handcuffed man and then arresting him has raised a few questions about the local police force and police oversight in Ontario.

The video was released last week at Const. Jason Nevill's trial for assault, fabricating evidence and attempting to obstruct justice.

It has elicited a strong reaction from the community, especially from those who have seen the online video of the alleged assault, says the editor of the Barrie Advance, Matthew Talbot.

"It's one thing to read about it, but when you can actually see with your own eyes, and make your own judgments — the video is what it is."

usually see with your own eyes, and make your own judgments — the video is what it is," he said. "It elicits a stronger response when the readers can see it themselves."

The surveillance video has made the rounds on social media platforms and people, many with no apparent connection to Barrie, have bombarded the Barrie Police Facebook page with links to the video and criticism of the police service's handling of the case.

Mark Neelin, chief of the Barrie Police Service, released a video last week to address community concerns about the Nevill case and other cases involving Barrie officers, but had little to say.

"I am proud to lead this group of men and women," he says. "Recent and ongoing



A screen grab of Mark Neelin, chief of the Barrie Police Service, from a video released last week to address community concerns about the Nevill case and other cases involving Barrie officers. SCREENGRAB

court cases and news reports involving members of our service have raised concerns within our community. I understand these concerns. However, as matters are currently ongoing before the

courts, it would be inappropriate for me to comment on them at this time. I would like to reassure you that the Barrie Police Service is committed to our community and remains an open and transparent organization."

According to Ron Bain, executive director of the Ontario Association of Chiefs of Police, there is very little a chief can say about any ongoing trial.

While a police chief may desire to be open and transparent about a case, such as this one, where an officer is cleared, they still can't give any details, he said. "It offends the whole judicial process."

As reported in the Barrie Advance, Neelin was criticized for saying too much by both Nevill's defence lawyer and the head of the local police association after he said in a news release he was "satisfied that a full and impartial investigation has been conducted and that the public interest has been served."

The time to address community concerns is after the court process, he said.

Image impact

"It's one thing to read about it, but when you can actually see with your own eyes, and make your own judgments — the video is what it is."

Matthew Talbot, editor of the Barrie Advance

Oversight

How do we police the police?

In Ontario, police oversight by the Special Investigations Unit is supposed to kick in when a person is seriously injured, killed or alleges sexual assault in an interaction with police.

In this case, the SIU was never involved.

"The SIU has jurisdiction

over criminal acts by police officers that lead to serious injury, but the term serious injury isn't defined in the legislation," said Abby Deshman, director of the public safety program of the Canadian Civil Liberties Association.

The SIU itself uses a definition of serious injury that includes injuries "likely to interfere with the health or comfort of the victim and are more than merely transient or trifling in nature," which

includes when the victim is admitted to hospital, suffers a fractured bone, burns or loses vision or hearing.

The CCLA would like to see a more expansive view of serious injury and Deshman says the provincial government has been asked for years, in reports from her group and others, to put a definition of serious injury into legislation.

"Certainly, it seems like this person was beaten and I think those are serious injuries," she said.

When there are criminal charges, the SIU should be providing oversight of the local police, said Deshman.

There are other oversight bodies, but none apply in this case. Police service boards oversee policy decisions and the Office of the Independent Police Review Director (OIPRD) provides oversight and discipline, but does not make its findings public, except for rare cases where a hearing is held. METRO



A sequence of screen grabs from the surveillance video. In the first photo, the officer is seen lunging at Jason Stern. In the second, he is seen hitting Stern, as security guards stand by. In the third, a security guard is seen washing away the blood. SCREENGRAB

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Astronomers report out-of-this-world finding

Earth-like worlds may be closer and more plentiful than anyone imagined.

Astronomers reported Wednesday that the nearest Earth-like planet may be just 13 light years away — or some 124 trillion kilometres. That planet hasn't been found yet, but should be there based on the team's study of red dwarf stars.

Galactically speaking, that's right next door.

If our Milky Way galaxy were shrunk to the size of the United States, the dis-

tance between Earth and its closest Earth-like neighbour would be the span of New York's Central Park, said Harvard University graduate student Courtney Dressing, the study's lead author.

"The nearest Earth-like planet is simply a stroll across the park away," she said at a news conference in Cambridge, Mass.

Small, cool red dwarfs are the most common stars in our galaxy, numbering at least 75 billion.

The Harvard-Smithsonian

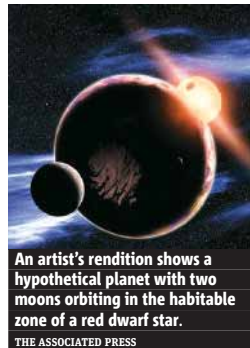
Center for Astrophysics team estimates six per cent of red dwarf stars have Earth-like planets.

To qualify, the planet must be roughly the size of Earth and get as much light from its star, as Earth does from the sun.

This high rate of occurrence should simplify the search for extraterrestrial life.

These newest findings are based on data from NASA's Kepler space telescope, launched in 2009.

THE ASSOCIATED PRESS



An artist's rendition shows a hypothetical planet with two moons orbiting in the habitable zone of a red dwarf star.

THE ASSOCIATED PRESS



Some of Chicago's skyline is seen reflected on the 110-tonne stainless steel Bean, also called Cloud Gate sculpture, at Millennium Park in downtown Chicago. The Chicago Tribune has written a love letter to Canada in a recent editorial. TIM BOYLE/GETTY IMAGES

Canada gets love letter from Chicago newspaper

Beyond the moose and maple leaves.

Chicago Tribune calls Canada a 'rising star' among nations

Cross-border love

Some of the reasons why Chicago loves Canada:

- Canada's banks are regulated and stable.
- Canada's housing market never collapsed like it did in the U.S.
- Canada's health-care system is the envy of the U.S.
- Canada is experiencing a gold-rush energy boom.
- The loonie trades at an equal value to the U.S. dollar.
- Canadian PM Stephen Harper is expected to ink a free-trade agreement with the European Union that will put pressure on the U.S. to do the same.
- While Chicago roots for its Blackhawks, half the team hails from Canada.

The Chicago Tribune has written a love letter to Canada, suggesting that we have taken the Windy City by storm.

In an editorial this week, the Tribune called out to our country for us to deliver what they so desperately want: Our low gun crime, our Tim Hortons coffee, our oil and our stable banking system.

"We hope some of that good Canadian fortune rubs off on our city," the editorial states.

Some of that good fortune was already delivered in the recent move of successful CFL coach Marc Trestman to the Chicago Bears of the NFL, fuelling Super Bowl dreams.

The editorial added that it wasn't just Trestman's appointment that has heralded Canada's ascension to "Chicago cool."

Poutine has now become a staple at many of Chicago's trendiest eateries.

From the banking system to Canadian politics to our health-care system, the Tribune counted the ways that Canada is bigger than moose and maple leaves.

Even Prime Minister Stephen Harper is not exempt,

although the editorial suggests that many Americans still don't know who he is.

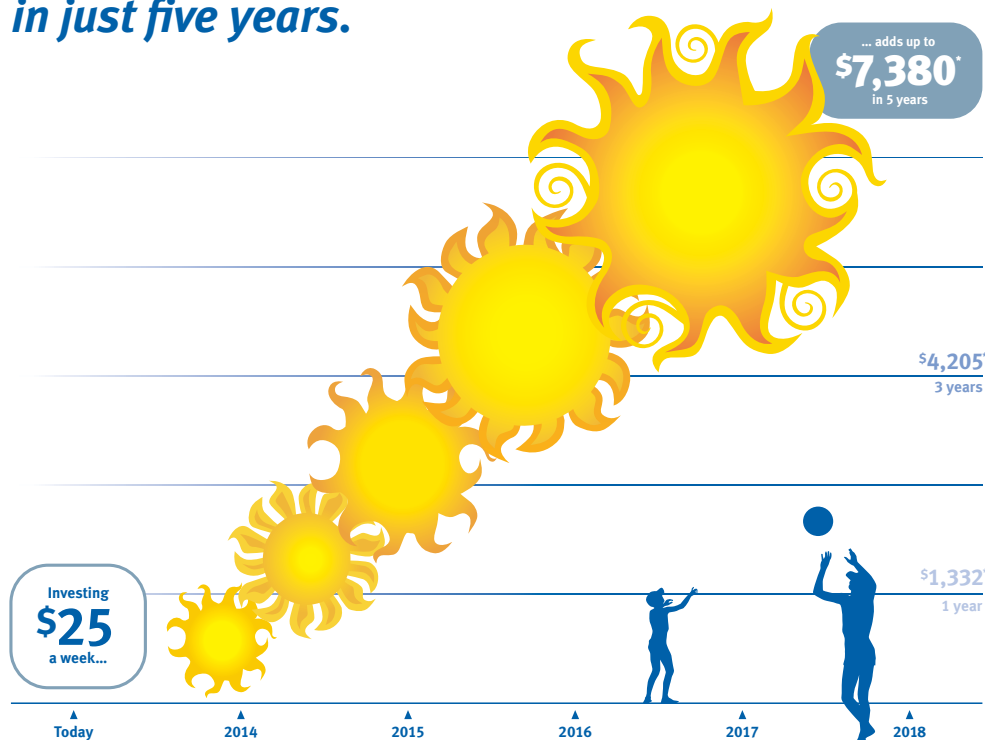
In calling our country a "rising star" among nations, the editorial says that "the tail is wagging the dog in North America" in economic activity, although it is good for both countries.

TORSTAR NEWS SERVICE



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Rights group warns of repeated mob-led sexual assaults in Egypt

Amnesty International.

President Morsi urged to put an end to the violence against women

Mob-led sexual assaults targeting Egypt's female protesters could increase if perpetrators are not punished, an international rights group warned on Wednesday.

Amnesty International said statements from victims show that the assaults follow a "clear pattern," where mobs of men encircle the victims, assault them with weapons and hands and then try to undress them.

Amnesty's warning followed a statement from the UN human-rights office, which last week said that about 25 women were reportedly sexually assaulted — in some cases with extraordinary violence — in Cairo's Tahrir Square during recent demonstrations against Egypt's Islamist President Mohammed Morsi.

The square was the cen-



Egyptian women gather to denounce sexual violence and harassment in Cairo on Wednesday. VIRGINIE NGUYEN HOANG/THE ASSOCIATED PRESS

tre of the 2011 uprising that toppled former president Hosni Mubarak. It has been the scene of a number of assaults against women — both protesters and journalists —

in the aftermath of the uprising, where women have been stripped, groped and raped at demonstrations.

The UN agency demanded that Egyptian authorities take

steps to bring the perpetrators to justice. Amnesty also urged prompt action.

"Horrific, violent attacks on women, including rape in the vicinity of Tahrir Square, dem-

onstrate that it's now crucial President Morsi takes drastic steps to end this culture of impunity and gender-based discrimination," said the London-based group. **THE ASSOCIATED PRESS**

Amnesty

19 violent attacks on women in one day: Report

Amnesty International cited a report by a local anti-harassment group, which said that a total of 19 violent attacks against women took place on Jan. 25 alone — the day Egyptians staged a huge demonstration in Cairo to mark the second anniversary of the uprising that ousted Mubarak.

Activists have called the incidents the worst in years, describing them as the darkest stain on the country's opposition street movement.

THE ASSOCIATED PRESS

Masked men raped Spanish tourists, spared Mexican

Armed, masked men who raped six Spanish tourists in the Mexican resort of Acapulco spared the lone Mexican woman in the group because of her nationality, adding yet another macabre twist to the case that has further hurt the resort's already battered reputation.

It was unclear whether the group of 12 Spaniards who fell prey to the attack had been targeted because of their nationality in the three-hour ordeal at a rented house on a tranquil beach dotted with restaurants, small hotels and rental homes.

Most of the six men and six women live in Mexico City and were vacationing in Acapulco.

The five attackers burst into the house and held the group at gunpoint, said Acapulco Mayor Luis Walton. They tied up the six men with phone cords and bathing-suit straps and then raped the six Spanish women.

Walton said the Spaniards had been "escorted," apparently under police protection, out of Acapulco on Tuesday.

Guerrero state Attorney General Martha Garzon told local media that the attackers' motive was "robbery, and

to have fun," and they drank mesquite they found at the house after committing the rapes. Authorities and residents of Acapulco struggled to come to terms with the attack and its near-certain effect on the area's tourism industry, amid concerns that such violence could affect the draw of other, safer Mexican resorts.

Walton rushed to apologize Wednesday for his comment from Monday that "this happens everywhere in the world, not just in Acapulco or in Mexico."

"I apologize for having said

that," he said Wednesday. "Of course this worries us and we don't want anything like this to happen in Acapulco or anywhere else in the world."

He added, "We know this is going to affect our tourism."

It's not clear how much interest there was in Acapulco among international tourists even before the Monday attacks, despite a major effort announced last year by business magnate Carlos Slim, the world's richest man, to rescue Acapulco by building parks and recreational centres.

THE ASSOCIATED PRESS

Targets?

While the six Spanish women were raped, the lone Mexican woman was spared due to her nationality, said Guerrero state Attorney General Martha Garzon.

- **Passed test.** The lone Mexican woman "says she identified herself to the (attackers) and asked not to be raped, and they told her that she had passed the test by being Mexican and they didn't touch her," Garzon told Radio Formula.
- **Old wounds.** While some Mexicans harbour resentment against Spaniards dating to colonial times, the Spaniards may have been targeted for other reasons, like their appearance or possessions.

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Colombia

Rebels propose drug legalization in peace talks

Colombia's main rebel army called on the government Wednesday to legalize the cultivation of marijuana, poppy and coca leaf as well as the personal use of drugs derived from those plants.

The chief negotiator of the Revolutionary Armed Forces of Colombia, or FARC, presented the proposal as

part of the rebels' position in peace talks launched in Norway in October and begun in earnest the following month in Havana.

"Legalizing consumption accompanied by robust education of young people ... as was done in the past with the use of tobacco and alcohol, can be done with cocaine," said FARC commander Ivan Marquez.

The Colombian and U.S. governments accuse it of direct involvement in the illegal narcotics trade, though the rebels deny those allegations.

THE ASSOCIATED PRESS

Rwanda

Jury chosen in U.S. trial of woman accused of taking part in genocide

A federal jury was seated Tuesday in the second trial of a mother accused of lying about her role in the Rwanda genocide in 1994 so that she could enter the U.S. and become a citizen.

Lawyers for both sides are scheduled to make opening statements Wednesday in the

trial of 43-year-old Beatrice Munyenyezi of Manchester. Prosecutors say Munyenyezi ordered the rape and murder of Tutsis and moderate Hutus. The trial is expected to last two or three weeks.

U.S. District Judge Steven McAuliffe instructed both sides to avoid referring to the first trial, when jurors deadlocked and McAuliffe declared a mistrial. Munyenyezi, a mother of three who maintains her innocence, did not testify during the previous trial.

THE ASSOCIATED PRESS

Imprisoned Palestinians smuggled out sperm to wives

In vitro fertilization. Doctor claims five successful pregnancies out of 22 women

A Palestinian fertility doctor claimed Wednesday that he has used prisoners' sperm, smuggled out of Israeli jails, to help their wives have babies and that five women have become pregnant so far.

There are about 4,500 Palestinians in Israeli jails, serving sentences for offences ranging from stone throwing to killing Israeli civilians.

Most women seeking to become pregnant have husbands who were convicted of taking part in deadly militant attacks and are serving lengthy sentences. These prisoners are barred from having conjugal visits.

"We women are growing old, and our chances of having babies in the future is diminishing," said Rimah Silawi, 38, who said she is one month pregnant after undergoing

IVF treatments that used her imprisoned husband's sperm. Her husband, Osama, is serving multiple life sentences for killing an Israeli and three Palestinians said to be collaborators with the Israeli military in the West Bank town of Jenin 22 years ago.

Dr. Salim Abu Khaizaran of the Razan Center for IVF in the West Bank city of Nablus said he has gathered 40 samples and that 22 prisoners' wives have undergone IVF treatment. Five have been successful, including one woman who delivered her baby earlier this year. He said the success rate was low because of the difficulty in transporting the samples. The Western rate of success is about 25 per cent in ideal hospital conditions.

Abu Khaizaran said he gives the service for free in solidarity with the prisoners.

"The wives of prisoners are suffering. They feel they are lonely because their husbands are behind bars, some for the rest of their lives," Abu Khaizaran said. THE ASSOCIATED PRESS

Israeli bus bombing. Bulgaria says it has the names of 2 living suspects



In this July 19, 2012, photo, a damaged bus is transported out of Burgas airport, Bulgaria, a day after a deadly suicide attack on a bus full of Israeli vacationers.

THE ASSOCIATED PRESS FILE

The two living suspects behind a bus attack that killed five Israeli tourists in Bulgaria last year have been identified and both are now living in Lebanon, a top Bulgarian security official said Wednesday.

The bomb that exploded July 18 as the Israeli tourists were boarding a bus at the airport in Burgas also killed a Bulgarian bus driver and the suspected bomber. Three men are suspected in the attack, including the dead bomber.

On Tuesday, an official Bulgarian report said investigators had "well-grounded reasons to suggest" that two of the suspects belonged to the militant wing of the Islamist group

Hezbollah. The report said they had been living in Lebanon for years, one with a Canadian passport.

Stanimir Florov, head of Bulgaria's anti-terror unit, said Wednesday that the names of the suspects were known, they were now based in the same country and "we have asked Lebanese authorities to assist in our investigation." He did not elaborate.

The identity of the bomber remains unknown, even though his DNA samples have been shared with intelligence agencies in other nations, he said, adding that no DNA match has been found in their databases. THE ASSOCIATED PRESS



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Thirteen-year battle

Feds appeal ruling on Indian status

The federal government will appeal a landmark Federal Court ruling that would vastly expand the ranks of people considered Indians.

After more than 13 years of legal wrangling, the court

ruled last month that Métis and non-status Indians are indeed "Indians" under a section of the Constitution Act.

On Wednesday, Aboriginal Affairs Minister John Duncan said the ramifications of the decision demand a ruling from a higher authority. He added the services provided to aboriginals must be fiscally sustainable. **THE CANADIAN PRESS**

Price disparity. Senators urge tariff review to help match U.S. prices

A Senate committee says Ottawa should launch a comprehensive review of tariffs as a way of narrowing the price gap between Canadian and U.S. consumer goods.

The committee says Canadian consumers feel ripped off by higher prices in Canada, but the problem is not as simple as it appears.

A report cites factors like the different size in the market and the fact suppliers often charge Canadian retailers more than counterparts in the U.S.

But it also notes that many witnesses pointed the finger at import tariffs applied by the federal government on consumer goods,

Prediction

The report expects the price differential between goods in Canada and the U.S. to close as competition increases and more consumers become price-savvy.

which can sometimes reach as high as 18 per cent.

Prior to the report's release, Finance Minister Jim Flaherty said the government has been looking into tariffs, particularly on consumer goods, to see if they can be lowered or eliminated.

THE CANADIAN PRESS

Sexy Anne of Green Gables mortifies nation of readers

11-year-old redhead. Flirtatious blonde teenager adorns the cover of new edition

A new image of Canada's most beloved literary orphan has Canadians seeing red, but not where they're supposed to.

A new edition of Anne of Green Gables depicts the notoriously youthful and ruddy-headed heroine as a curvaceous blond teen, sparking a fierce backlash from scholars and casual readers alike.

Critics derided the cover, saying it is a far cry from the feisty, 19th-century 11-year-old brought to life in the pages of L.M. Montgomery's classic novels.

The image appears on the cover of a Three in One edition produced by CreateSpace, a subsidiary of the Amazon group that allows people to self-publish their material.

Many readers argued the picture, which flatly contradicts many textual references to Anne's appearance, amount



The cover image of a new edition by CreateSpace, left, meets Anne's copyrighted traditional look. **TORSTAR NEWS SERVICE**

to character assassination.

"Anne's fiery hair, unfortunate complexion and gangly build define her character ... for she learns to cultivate ideals of inner and outer beauty," one reader wrote on the book's Amazon.com page.

Nick Mount, Canadian literature professor at the Uni-

versity of Toronto, suspects the photo was used in part to contravene copyright protections.

While Montgomery's text is in the public domain, the traditional image of Anne is owned jointly by the province of Prince Edward Island and the heirs to the author's estate.

THE CANADIAN PRESS

Too precious

"Messing with this particular image is asking for trouble."

Nick Mount, Canadian lit professor at the University of Toronto, saying the new image nearly defaces a Canadian cultural icon.

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Toddler killed in dispute with family over one-child limit

Two detained in China.
Couple's third child run over during conflict with Communist Party official

Police have detained a local official and a driver for allegedly running over and killing a 13-month-old boy during an argument with his family over the payment of a fine for violating China's strict family-planning limits, state media and the local government said Wednesday.

The boy's death Monday is the latest incident to aggravate long-running public resentment over the family-planning rules that limit many families to one child and some rural ones to two.

After the incident in a village outside the eastern city of Rui'an, thousands of residents protested outside local government offices, the official Xinhua News Agency reported.

Collecting fine

A team of 11 officials went to the village to persuade Chen Liandi and his wife Li Yuhong to pay a fine for violating the family-planning limits.

- Xinhua said the requested fine totalled more than 30,000 yuan (\$4,700 US) and was for giving birth to the boy.

Police detained the two people on unspecified charges late Tuesday, said a statement on the Rui'an government's official website. Xinhua identified them as a local Communist Party chief named Bai and a driver.

How the toddler came to be run over is not completely clear from the government and state-media accounts. Rui'an's party Propaganda Department declined further comment.

Officials went to the village

to persuade Chen Liandi and his wife Li Yuhong to pay a fine for violating the country's family-planning limits.

An argument ensued and Chen tried to prevent the officials from taking Li to a government office, though she soon relented and agreed to get into a car and go, the accounts said. In the confrontation, the boy dropped from Chen's arms and was run over by a vehicle, the government statement and state media said. Xinhua said Chen tried to pull the boy away but was too late.

Reports of the incident have further inflamed popular dislike of the family limits and the use of beatings, forced abortions and sterilizations.

Photos posted online of a woman forced to undergo an abortion when seven months pregnant, because the family could not pay the fine of 40,000 yuan (\$6,300 US) for having a second child, sparked national outrage last summer.

THE ASSOCIATED PRESS



Unrest feared in Tunisia after political assassination

Tunisians demonstrate outside the home of opposition leader Chokri Belaid after he was shot to death in Tunis. A critic of the Islamist-led government and violence by radical Muslims, Belaid was the first target of political assassination in post-revolutionary Tunisia. His death is likely to heighten tensions in the North African nation, where the path from dictatorship to democracy so far has been seen as a model for the Arab world.

AMINE LANDOLSI/THE ASSOCIATED PRESS

Komodo dragon

Giant lizard attacks workers in park

A park official says two people have been hospitalized after being attacked by a giant komodo dragon that wandered into the office of a wildlife park in eastern Indonesia.

An official at Komodo National Park, Heru Rudiharto, said Wednesday the two-metre-long animal attacked a park ranger after walking into the office on Tuesday. It then attacked another park employee who came to help him. Both were badly bitten. THE ASSOCIATED PRESS

Samsung phone battery

Is that a fire in your pants or ...

South Korean fire officials say a man suffered burns after the battery from a Samsung smartphone caught fire in his trouser pocket.

The lithium-ion battery was not in the phone when it caught fire, officials said Wednesday. Such batteries are quick to charge but prone to overheating.

THE ASSOCIATED PRESS

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2555 Victoria Park Ave.
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1461 Dundas St. W.
2 St. Clair Ave. E.
273 Danforth Ave.
471 Eglinton Ave. W.
662 King St. W., Unit 2
939 Eglinton Ave. E., Unit 106
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2200 Yonge St., Unit 104
2397 Yonge St.
8A Yorkville Ave.
East York Town Centre
2409 Bloor St. W.
919 Bay St.
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Oriental Centre Mall
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280 Spadina Ave.
4438 Sheppard Ave. W., Unit 151
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In this Jan. 21 photo, an employee paints turtle-shell costumes near carnival masks in the likeness of Brazil's striker Neymar and Brazil's Supreme Court Justice Joaquim Barbosa, left, at the Condal factory in Sao Goncalo, near Rio de Janeiro, Brazil. FELIPE DANA/THE ASSOCIATED PRESS

'Fantasias' for sale for Carnival

World of pure imagination. Brazil's annual five-day festival begins Friday



Carnival masks hang on the wall at the Condal factory. THE ASSOCIATED PRESS

The wall of Olga Valles' office is a vast tableau of famous faces past and present: Barack Obama smiles warmly while Yasser Arafat poses in his trademark black-and-white keffiyeh. Next to him is George W. Bush, practically cheek-to-cheek with a fierce Saddam Hussein, teeth bared in a snarl under his black beret.

Beyond them are Osama bin Laden, Venezuela's Hugo Chavez, an array of soccer greats and the more colourful images of Shrek, Simba from the movie The Lion King and assorted monsters.

Valles runs Brazil's oldest

and most productive mask factory, Condal, a family business started by her Spanish-born husband in 1958. As such, she's responsible for keeping a finger on the nation's sense of whimsy and translating the year's most popular characters, be they real or imaginary, admirable, silly or scary, into masks that will adorn revellers during Carnival, Brazil's annual five-day extravaganza. Roving percussion bands have already begun taking over Rio's

streets dragging behind them, Pied Piper-style, throngs of dancing, drinking, costumed revellers.

Carnival's licence to be whoever you want to be for a day is at the core of Valles' business, with the season's sales representing 70 per cent of her income. She says it's also a responsibility she takes seriously. Masks and costumes are about much more than looking good for the party.

It's a time when Brazilians turn to "fantasias," as Carnival disguises of all sorts are called, to express whatever they've kept bottled up during their humdrum workday lives: humour, criticism, fantasies, admiration, aspirations. After all, who doesn't want to be someone else for a day? Valles' masks facilitate that, and she's proud of it, she says.

THE ASSOCIATED PRESS

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Mission: Run a 10k in 10 weeks

Meet some keen members of the Metro News team who are taking their first steps into the crowd of 10k runners

JENNIFER MELO
For Metro

Metro has a new running team and they're gearing up to participate in the Toronto Yonge Street 10k on Sunday, April 21.

From working on their eating habits to fitting some extra workouts into their schedules, follow their journeys as they challenge their fitness levels and maybe even have some fun along the way.

In the first instalment of this running article series, meet three Metro team runners and find out what they plan to do in order to be race-ready in 10 weeks.

Jonathan Russell, 30,
copy editor

Two months ago, Russell quit smoking and gave up drinking and he decided to start a healthy routine, which includes writing and exercising.

He doesn't describe himself as a runner, having never signed up for an official race, but he does run for fun and does cardio workouts regularly.

As he prepares to run the Toronto Yonge Street 10K, he's excited to get healthy and write

about it. You'll find his blog posts on metronews.ca starting in the next few weeks.

He enjoys the mental victory that comes when he's able to push through the burnout barrier — when his body's tired and he's tempted to stop or slow down, but pushes through the pain and keeps on going. He admits he feels nervous that there's a potential to push himself too far as he tries to conquer the mental challenge. "I'm terrified my heart is going to explode during the race," he laughs.

Melita Kuburas, 29,
copy editor

Two times a week, or three times when she's feeling ambitious — that's how often Kuburas runs as part of her cardio workouts, in 20-minute sprints.

For Kuburas, running is relaxing — more so than yoga even. "I find that when I'm running, I don't think about anything else," she says. The former smoker started taking up running when she was looking

for a substitute for smokes. "For every break when I felt like having a cigarette, I would just go for a quick run."

When she completed her first 5k run in October, she finished just under 30 minutes. The idea of doubling that challenge leaves her feeling apprehensive, but she is looking forward to learning new skills. "Part of the reason why I'm doing this is to learn how to keep that endurance." Her goal is to finish her first 10k in under an hour.

Jason Saddler, 38, sales account manager

With a current weekly exercise re-

gime that includes two or three 45-minute workouts featuring pushups, sit-ups, burpees and squats, Saddler is no stranger to fitness, but realizes he has to work on his endurance as race day approaches. "Running is not my favourite thing in the world to do," he admits. He prefers sprint races and doesn't consider himself a long-distance runner.

But fuelled by a chance to support charity, put his fitness level to the test and take advantage of the disease-prevention rewards of good physical fitness, Saddler is committed to completing this race.

"I would not let myself not finish. I would have to be ... not be able to walk for me not to finish it."

Don't miss an update on the team's progress in the Feb. 21 issue of Metro.

Metro's 10k team, from left, Jonathan Russell, Melita Kuburas and Jason Saddler
PHOTO ILLUSTRATION BY DAVID VAN DYKE

10-week challenge

The Toronto Yonge Street 10k is a Canada Running Series Event.

- **When:** Sunday, April 21, 2013 at 9 a.m.
- **Where:** Down Yonge Street from north of Eglinton to west of Bathurst on Fort York Blvd.
- **Registration fee:** \$50 to \$80.
- **Registration deadline:** Monday, April 15
- **Days until race:** 72
- **More info:** canadarunningseries.com/toronto10k

Track the runners online as they blog on metronews.ca



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"Fantastic Race, especially for a new runner! The atmosphere was great and it was really cool to run down Yonge Street." - Brenna T.

"Hey guys what a run... I had a blast." - Sally

"The energy from the crowd motivated me to run as fast as I could. I loved the live music. I'll be back next year." - Joe A.

"Very impressed with this running event and it's organization." - Dan R.



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Exhausting all the options



Jacob Poirier, 20, of London, fills out some financial-aid forms. The Western University undergraduate student, who is two years into a biochemistry degree, received a loan of about \$7,000 this year from the Ontario Student Assistance Program. JOHN MATISZ/METRO

Last in a three-part series. Financial aid and opting out of unnecessary fees are just two ways to save money at university



JOHN MATISZ
Metro in London

The “broke student” stereotype exists for a reason: Many students are indeed strapped for cash.

The trick for a student is to lessen the financial burden of going to university — which costs at least \$20,000 in tuition alone for a four-year degree in Ontario — as much as possible.

Rylan Kinnon, executive director of the Ontario Undergraduate Student Alliance, says there are certain things one can do right off the bat.

The first thing is to opt out of automatic fees that provide no benefit. “The one major piece that we would remind



students about, in terms of opting out, is the health and dental fees,” Kinnon said.

Although every university handles ancillary fees differently, most of them charge students for on-campus health and dental services. Students who are already covered by a health plan have no need of university-sponsored care.

Another way to save money is to research all the financial-aid programs available.

Financial-aid; opting out of fees

- **Help may be out there.** Ontario university students can apply for government loans, bursaries, or grants and scholarships.
- **Do you qualify?** A province-wide list of financial-aid streams is posted at osap.gov.on.ca.
- **Opting out.** Another way

to save money is to opt out of some ancillary fees levied by student unions. At Western University, for example, students can choose not to enrol in the health and dental plans, a move that would save about \$230 for the school year. Talk to your student union for more information.

Exclusively online

Congratulations to @LivMakish, who won a prize pack for this tweet about how students can save: “I saved by buying off-brands groceries, way cheaper! Always predrink. And thrift shop as much as possible!” For more responses and the full feature, visit metronews.ca/feesfeature.

Getting fed

No longer feeding the debt monster

A university campus, much like the city of which it’s a part, is a community — complete with government, campus police, recreation, social services and, in recent years, food banks.

The food bank at Western University, for example, runs on a hamper system designed to protect student privacy. Each month, food hampers are assembled by volunteers with the University Students’ Council.

“We were seeing that, in some cases, individuals were requesting another hamper within a few days, when they are designed to last two weeks,” said Myuri Komaragiri, the council’s vice-president of campus issues.

“So we formalized the request form to see if they had dependents who they were providing for.”

At Western, students in need of a hamper email their request to the food bank, at which time they can make special dietary requests. Students receive a return email within 48 hours advising them of the locker number and combination where they can pick up their hamper.

Area food banks such as the London Food Bank also serve students.

“Absolutely, students ... are able to access the food bank. Anyone can,” says Maryann McDowell, operations co-ordinator at the London Food Bank. “It is for anybody within our community who needs assistance.”

Closer to home, the student federations of the University of Toronto and York and Ryerson universities all operate food banks. To learn more about the Food and Clothing Bank (U of T), Food4Thought (York) and the RSU Community Food Room (Ryerson), contact the student union at your school.

MARK SPOWART/
FOR METRO IN LONDON

Exclusively online

Across the province there is a range of tuition and other fees at Ontario universities. Why do they differ? Find out at metronews.ca.

The don show: one way to pay for residence

Summer jobs, part-time employment, student loans, scholarships, Mom and Dad: Students going to university will tap into one, a few or all of these capital sources to get them through the academic year.

However, not all of these options may be available to every student.

Drew Nutbrown, a third-year history and philosophy student at Huron University College, part of Western University in London, admits he is “pretty lucky” he had enough in the bank to get through his first year, but didn’t know what he would do after that. Government student loans were not an option, and he did not want to go to his parents and disrupt their plans for retirement.

So he applied to be a residence don.

“Our pay covers our residence fees, plus a little extra, about \$300, for the rest of the year,” said Nutbrown, who was a don in his second and third year and hopes to be one again



Drew Nutbrown, a student at Huron University College in London, works as a residence don to help pay for his education. MARK SPOWART/FOR METRO IN LONDON

in his fourth year at Huron.

In addition to having their residence fees covered, dons at Huron College receive other perks.

“We usually go out for free meals once or twice a month or get to attend events like Founders Day, where there is an open bar and free food,”

Nutbrown said.

He also says meal plans can be a way to save some money, provided they’re carefully rationed.

“I find the meal plans to be kind of expensive, and a lot of people are running out because they don’t realize how much they are spending each

Gimme shelter

The don program at Ontario universities can mean a substantial reduction in yearly expenses. Here’s a look at some Ontario schools:

- **Western University:** Main campus: 140 dons in eight residences (salaries vary). King’s University College: 17 residence assistants, two head residence assistants (\$7,000 for the academic year). Huron University College: 12 dons, two don supervisors (\$6,300 for a don, \$8,800 for don supervisors). Brescia University College: Five residence assistants (\$6,200 per year).

time they swipe their card,” he said.

“I estimate how many days during the year I am here for school, and then divide the

- **University of Toronto:** 140 dons (free single room and meal plan).
- **Ryerson:** 22 residential advisers, 13 to 15 academic links (responsible for a group of students in a faculty as opposed to a residence floor) \$5,000 plus room subsidy.
- **Carleton:** 61 residence dons (single-room occupancy and meals).
- **University of Ottawa:** 55 community advisers (receive room free of charge and are paid \$1,600 for the year).

meal plan by those number of days so I know how much I can spend each day and try to budget myself for that.”

MARK SPOWART/FOR METRO IN LONDON

Stolen dogs found over 100 km away

Vancouver. Missing dogs, along with two others found earlier, were inside a dog-walker's truck when it was stolen on Tuesday

Two dogs that were stolen when a thief made off with a dog-walker's truck in Vancouver have been found more than 100 kilometres away.

There were four dogs in the truck when a thief hopped into the vehicle and drove away on Tuesday while an employee with Creature Comforts Pet Care Services was running inside a house to drop off an animal.

Two of the dogs were found shortly after, apparently dropped off several blocks away, but the two other dogs remained missing overnight.

The Mounties say some-



Friday, left, a flat-coat retriever, and Harriet, a spaniel/basset hound cross.
CREATURE COMFORTS PET CARE SERVICES/FACEBOOK HANDOUT/THE CANADIAN PRESS

one called in to report the abandoned vehicle on a tree farm in Agassiz, about a 90-minute drive east of Vancouver, with the dogs still in the back of the truck.

Company owner Amy Villis, whose own dog was one of the missing animals, says she spent a sleepless night driving around where

the truck was stolen, frantically looking for the dogs.

She also followed up on numerous tips that she received, including one from a dog psychic, who correctly predicted the dogs were still in the truck but wasn't even close in guessing their location.

THE CANADIAN PRESS

B.C. Victim addresses man who posted pics of alleged sex assault

The victim of an alleged sex assault at a 2010 rave in Pitt Meadows, B.C., was forced to quit school because of bullying and threats, the teen told a Port Coquitlam courtroom Wednesday at the sentencing hearing of a man who posted images of the incident on Facebook.

Dennis John Allen Warrington pleaded guilty to distributing obscene material and will be sentenced in March.

"I don't believe you're sorry for one second," she said to Warrington during her victim-impact statement. "You don't do what you did without realizing it was wrong."

But defence counsel Marvin Stern said it had been unclear whether the incident was rape or public consensual sex and added that the photos were widely shared before Warrington posted them. **PHYLICIA TORREVILLAS/METRO IN VANCOUVER**



Tunnel of diplomatic love connects Seoul and Ottawa

People walk through a tunnel of 1,300 lanterns on display at Winterlude festival in Ottawa on Saturday. The lantern garden commemorates the 50th anniversary of diplomatic relations between Canada and South Korea. **FRED CHARTRAND/THE CANADIAN PRESS**

Bulgaria

Canadian in bus bombing left at 12

A Lebanese-Canadian implicated in a deadly bombing in Bulgaria last year came to Canada at the age of eight, then left about four years later after becoming a citizen, says Immigration Minister Jason Kenney.

Kenney suggested Canada ought to look at ways to strip citizenship from terrorists. **THE CANADIAN PRESS**

Born in a cell

Disciplinary review opened for jail baby

Ontario's Corrections Ministry has opened a formal disciplinary proceeding after receiving a report on a baby born on the floor of an Ottawa jail last fall.

The Ontario College of Nurses is also investigating the incident, in which Julie Bilotta, 26, of Cornwall, Ont., gave birth prematurely on Sept. 29 while in

segregation at the Ottawa-Carleton Detention Centre. She complained that her pleas for help were ignored.

The incident sparked outrage across the country and was described by women's groups as just another example of the harsh conditions women endure behind bars in Canada.

"The problems are systemic, they're not about bad apples," said Dawn Moore of the Mother-Child Coalition for Justice. **THE CANADIAN PRESS**

Manitoba

Probe launched in killing of pet deer

Manitoba's conservation minister has ordered a review after wildlife officers killed a deer last week at a Hutterite colony as people who had raised it watched in horror.

Members of Windy Bay Colony say they hand-fed the animal bread and sweet tea and it often played with children. **THE CANADIAN PRESS**

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Love in the time of Shariah law

Timbuktu. Until they were chased out by the French last week, Islamic extremists who controlled northern Mali applied a harsh brand of religious law

The love story in this fabled desert outpost began over the phone, when he dialled the wrong number. It nearly ended with the couple's death at the hands of Islamic extremists who considered their romance "haram," or forbidden.

What happened in between is a study in how al-Qaida-linked militants terrorized a population, whipping women and girls in northern Mali almost daily for not adhering to their interpretation of the strict moral code known as Shariah.

It is also a testament to the violent clash between the

brutal, unyielding Islam of the invaders and the moderate version of the religion that has long prevailed in Timbuktu, once a centre for Islamic learning.

Like her sisters and friends, Salaka Djicke spoke openly with men — including the stranger who called her by mistake more than a year ago. They started talking. A few days later, he called her again. For two weeks, they spoke nearly every day.

By the time the first group of rebel fighters carrying the flag of the National Movement for the Liberation of the Azawad drove past her house on April 1, the two had been seeing each other for several months.

These fighters in military uniforms made clear their goal: They wanted to create an independent homeland known as Azawad for Mali's marginalized Tuareg people.

Only days later, a different group of fighters arrived, wearing beards and tunics

Forbidden love

"This was a tyrannical regime, which had no pity toward women. I'm not the only one that went through this. I did this because I was in love."

Salaka Djicke, who was publicly whipped for having a relationship with a married man.

that looked like the kurtas common in Pakistan and Afghanistan. They called themselves Ansar Dine, or "Defenders of the Faith."

They produced a pamphlet outlining how a woman should wear the veil, and whom she could and could not be seen with. Eschewing any contact with women, they handed the leaflets out to the men.

Just eight days before French President Francois Hollande unilaterally approved a military intervention in Mali on Jan. 11, Salaka was convicted of being caught with a man who was not her husband and sentenced to 95 lashes.

On Jan. 4, police made Salaka kneel in a traffic circle.

They covered her in a gauze-like shroud. They told her to remove her dress, leaving only the thin fabric to protect her skin from the whip.

When it was over, they told her that if they ever saw her with a man again, they would kill her.

The night she was caught, her lover ran away to Mali's distant capital, becoming one of an estimated 385,000 people who have fled their homes from the north.

Last week, Salaka was among the thousands of people who poured into the streets to cheer French soldiers as they liberated the city. She folded and put away her blue and red veils.



Salaka Djicke says she was jailed and flogged after being caught having a relationship



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with a married man. She is seen here in Timbuktu, Mali. HAROUNA TRAORE/THE ASSOCIATED PRESS

Are the radicals gone? Mali residents rattled amid reports of clashes

Soldiers combing abandoned jihadist hideouts and sand-dusted streets for weapons have found industrial-strength explosives, raising the spectre on Wednesday of bomb attacks by the jihadists who fled into the desert after the arrival of French forces.

As the French began talking about a timeline for a troop drawdown, there were growing concerns that Islamic militants may be creeping back toward their stronghold amid reports of clashes near Gao.

France's defence minister said French troops had clashed the day before with Islamic extremists firing rocket launchers outside Gao. One of the rockets landed near a tree in a residential neighbourhood.

Reports of the clashes and weapons stashes rattled resi-

dents still fearful less than two weeks after the departure of the radicals belonging to the Movement for Unity and Jihad in West Africa, or MUJAO.

Groups of Malian soldiers on foot were called out to several sites on Wednesday, including one building where they found grenades alongside a large suitcase and reading material in Arabic script about Shariah law. At another site, they called in a bomb team after finding what appeared to be a booby-trapped vehicle.

France's defence minister, Jean-Yves Le Drian, said troops have found "preparations for a true terrorist sanctuary," including war materiel, weapons manuals and makeshift laboratories for constructing improvised explosive devices.

THE ASSOCIATED PRESS

France's position

- French aircraft are continuing airstrikes every night on suspected militant arms depots and mine-making sites, says France's defence minister.
- Meanwhile, President Francois Hollande said France may start pulling out of this vast nation in northwest Africa at the end of March.



Troops from France and Chad move into Kidal, Mali, in an effort to secure the strategic city of Gao from Islamic extremists. JEROME DELAY/THE ASSOCIATED PRESS

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Racist slur against soccer star draws ire

Immigration

New ways in an Old World

Mario Balotelli, a member of the Italian national soccer team, was born in Sicily, Italy, to Ghanaian parents.

Immigration is a relatively new phenomenon in Italy, which for many years had been a source of emigrants, first to the Americas, and then to northern Europe.

The main coalition partner in Berlusconi's three governments was an anti-immigrant party whose former leader once referred to immigrants as "bingo bongos."

Children born in Italy who have non-Italian parents have to wait until they are 18 before they can become Italian citizens. **THE CANADIAN PRESS**

Mario Balotelli. Scathing comments flood the Internet after brother of Italy's former PM calls AC Milan's striker a 'little black boy'

Last week it was Silvio Berlusconi who got into hot water for praising Benito Mussolini. This week it's the former premier's younger brother who has sparked outrage — by calling an Italian superstar soccer player of African descent the family's "little black boy."

In a much-viewed video clip, Paolo Berlusconi told a crowd of supporters Sunday that he was off to the soccer stadium to see Mario Balotelli, a prolific striker recently acquired by his brother's AC Milan soccer team — calling him by an insulting and patronizing term for black people.

Italy has had blatant episodes of racism in soccer, with monkey chants against black players a relatively common occurrence. Paolo Berlusconi's racist quip in Milan ("Now, let's go see the family's little black boy, the hot head") provoked chuckles among the friendly crowd, although scathing comments soon flooded the Internet.

While the brothers' comments have caused international bafflement, there may be a political element.

They come in the midst of an election campaign in which the elder Berlusconi hopes to make a political comeback, and have raised speculation his camp sees any public stir as one that will help their cause, especially as it angles for far-right support.

Silvio Berlusconi raised eyebrows last week by praising the late Italian fascist dictator for having "done good" as Europe observed Holocaust remembrance day. Some commentators saw a ploy to steal votes from a new small

Cautiously optimistic

- Mario Balotelli made no immediate public comment about Paolo Berlusconi, the vice-president of AC Milan, describing him as the household's "little black boy." But he has been cautiously optimistic about changing attitudes toward blacks on a continent where they are relatively recently new arrivals in large numbers.

- "Racism is very tough to fight," Balotelli said recently. "I really don't know how to defeat it. You need to keep firm and sooner or later we'll win."

but growing far-right force.

The billionaire, who has been prime minister three times since creating a centre-right party in the early 1990s, has been running second in most opinion polls, behind the centre-left's candidate.

THE ASSOCIATED PRESS



Soccer superstar Mario Balotelli hasn't yet made a public comment about being called a "little black boy."

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Racism. Attitudes slowly changing

Reflecting usage by the broader Italian public, Italian mainstream media often use clichés long shunned in other cultures to refer to foreigners.

It is not uncommon for news stories to refer to Chinese on second, or even first reference as those “people with almond-shaped eyes.”

As more Italians travel abroad, and as their children increasingly sit side-by-side in classrooms with immigrants’ offspring — who speak Italian like the locals and root for Italy’s soccer teams — sensitivity to racial and ethnic slurs is slowing growing.

Balotelli was often the target of racial chants from opposing fans when he played for Inter, AC Milan’s cross-town rival. Juventus fans once hung a banner saying, “Black Italians don’t exist.”

But last month, Balotelli’s new teammates at Berlusconi’s squad walked off the field during a friendly match after racist chants were directed at midfielder Kevin-Prince Boateng, who is from Ghana. **THE CANADIAN PRESS**

“little black boy” by the brother of Italy’s former prime minister. ROBIN UTRECHT/GETTY IMAGES

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Tribute doughnut. Take a bite out of 'The Priestley'

A sitcom gag about the ubiquitous presence of Tim Hortons has inspired the company to create an outlandish new pastry — a Timbit stuffed into a jam-filled doughnut.

A company spokeswoman says the one-time-only experiment — a photo of which appeared on its Twitter feed on Tuesday — was inspired by a recent episode of *How I Met Your Mother*.

The Canadian-themed episode featured a cameo by home-grown star Jason Priestley, who boasted of a self-created confection he dubbed "The Priestley."

Tim Hortons spokeswoman Alexandra Cygal says a staff member who happens to be a fan of the show as well as a "certified culinary scientist" created the doughnut as a fun exercise.

"The day after the show aired he just came into work and decided to create The Priestley in his lab, so we had a lot of fun with it," Cygal said on Wednesday, adding that there are no plans to mass-produce the treat. "It's generated a lot of positive buzz and great expos-



The Priestley

This photo from @TimHortons Twitter feed shows a doughnut called "The Priestley," which the company made after it was mentioned on an episode of *How I Met Your Mother*. TWITTER

ure for our brand both in Canada and the U.S."

Monday's episode of *How I Met Your Mother* featured a cavalcade of Canadian stars. They pop up when recurring character Barney Stinson, played by Neil Patrick Harris, travels to Canada to learn more about his Canadian girlfriend Robin Scherbatsky, played by real-life Canuck actress Cobie Smulders.

THE CANADIAN PRESS



Stock flotation: Dead herring cost a cool \$9.8M

Herring worth millions in exports are seen floating dead on Tuesday in Kolgrafafjörður, a small fjord in west Iceland, for the second time in two months. Between 25,000 and 30,000 tonnes of fish died in December and more are dead now, due to lack of oxygen in the water thought to have been caused by a landfill and bridge constructed across the fjord in December 2004. The current export value of the estimated 10,000 tonnes of herring amounts to about \$9.8 million, according to Morgunbladid newspaper. BRYNJAR GAUTI/THE ASSOCIATED PRESS

Tokenism. Monopoly fans vote to add cat, toss iron

Scottie dog has a new nemesis in Monopoly after fans from more than 120 countries voted to add a cat token to the property-trading board game, replacing the iron, toy-maker Hasbro Inc. announced on Wednesday. It was the first time that fans have had a say on which of the eight tokens to add and which one to toss.

The results were announced after passionate efforts by fans to save their favourite tokens and businesses eager to capitalize on publicity surrounding pieces that represent their products. The shoe and the wheelbarrow had joined the iron as endangered tokens.

The online contest to change the tokens was sparked by chatter on Facebook, where Monopoly has more than 10 million fans. The vote on Facebook closed just before midnight

on Tuesday.

The initiative was intended to ensure that a game created nearly eight decades ago remains relevant and engaging to fans today. The tokens have changed quite a lot since Parker Brothers bought the game from its original designer in 1935.

The cat beat out the robot, diamond ring, helicopter and guitar, getting 31 per cent of votes for new tokens.

"I think there were a lot of cat lovers in the world that reached out and voted," said Jonathan Berkowitz, vice-president for Hasbro gaming marketing.

The Scottie dog was the most popular of the classic tokens, and received 29 per cent of the vote, the company said. The iron got the fewest votes and was kicked to the curb.

THE CANADIAN PRESS



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Launch day

BlackBerry breaks own sales records

BlackBerry president and CEO Thorsten Heins says first-day sales of the new Z10 were 50 per cent better than on any other Canadian launch day in the firm's history. But just how many Z10s have been sold is still a secret.

THE CANADIAN PRESS

Musical milestone

iTunes sells 25 billion songs

The answer to the trivia question will be: Monkey Drums (Goskel Vancin Remix) by Chase Buch. That's the 25-billionth

song sold on iTunes.

Apple announced the sales milestone in a news release on Wednesday. The company says Phillip Lupke of Germany purchased and downloaded Buch's song and will receive an iTunes gift card worth about \$13,500.

THE CANADIAN PRESS

Spring fling

Home Depot to hire 6,700

Home Depot Canada says it's hiring 6,700 people ahead of its busy spring season. The chain says it is looking to fill full-, part-time and seasonal positions in sales, design and various other job categories. THE CANADIAN PRESS

Market Minute



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²HP ProLiant DL380p G8 supports up to 35 °C (Link: <http://www.storageenetworks.com/documents/manuals/dl380p-gen8-manual.pdf>). Dell PowerEdge R720 and R720xd support up to 40 °C at 10% of annual operating hours or less (Link: <http://support.dell.com/support/edocs/systems/peR720/en/OM/r720omen.pdf>).

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BORDER-CROSSING MADE EASY AS PIE (NOTE: PIES WILL BE CONFISCATED)



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vises that if you do have muss, you must say how long you have had it, where you obtained it and whether you plan to use it for business or pleasure.)

Shhh!

Remember that airports and border crossings are highly inappropriate places to talk about terrorism. Instead, say "extremism."

watching large men give each other concussions.)

And, yes, most of us have a friend or relative who's had trouble at the border. An ex of mine was recently denied entry because something alarmed U.S. customs officials. Keep in mind that she is a white, rail-thin woman with blond hair, a big smile and Cameron Diaz's looks, but not as threatening. Also, her passport is full of Middle Eastern stamps because she lived there for two years.

I'm here to assure you that these instances are the exception, not the norm. By following these simple tips at border crossings and airports, you can change entering and leaving the U.S. from a long and terrifying ordeal to a long and tedious annoyance.

U.S., eh? – Tips for crossing the U.S.-Canada border: While you wait:

- If you must walk through a metal detector, remember to remove shoes, jackets, scarves, belts, bracelets, underthings, fillings, false hips, glass eyes, any bodily fluids hidden in your body, your allegiance to your country and that stupid smirk on your face.
- Remember that airports and border crossings are highly inappropriate places to talk about terrorism. Instead, say "extremism."

Talking with the customs officers:

- Remember that being a customs official is a stressful, repetitive occupation, so you should relieve the tension with a few well-timed zingers. They LOVE it! Joking with the official about how he or she is a glorified mall cop will liven up an otherwise dreary day.
- Also, show the official you are friendly and confident by finishing every sentence with "bucko!"

What to declare:

- No endangered species are allowed, especially as articles of clothing (not acceptable: elephant-tooth necklace with lion-skin shawl; acceptable: housecoat made of house cats).
- The U.S. considers Cuba an evil empire. If you have a Cuban cigar, be sure to label it as a finely rolled Saudi Arabian.

Drugs:

- If you have a marijuana conviction, you are required by law to declare it, unless you got it at a duty-free shop.
- There are only two ways to regain permission to enter the U.S. after a drug conviction: 1) Obtain a pardon; or 2) Score an interview with Oprah.

Those are the tips. We hope you found them helpful. By following these simple rules, your U.S. trip will be easy as pie.

(Please be advised that U.S. regulations stipulate that all pies will be confiscated. Also, if you have any ice cream and a fork, that'd be great.)

Hello, fellow Canucks, and welcome to this special guide on how to get through U.S. Customs, no fuss, no muss!

(The U.S. government advises that if you do have muss, you must say how long you have had it, where you obtained it and whether you plan to use it for business or pleasure.)

Sure, sometimes small hiccups can happen at the border. For instance, there was the recent case of a Canadian man who was not allowed to attend the Super Bowl because of a 1981 marijuana conviction.

(The U.S. government warns that marijuana has been proven to alter the brain, which under U.S. law is only appropriate when it involves heavy drinkers

Open-concept house for sale

Life is plastic

**It's fantastic:
Barbie lists crib**

After 41 years, Mattel's leading lady is moving out. Toymaker Mattel announced today that Barbie is looking for a new home and selling her Malibu, Calif., Dreamhouse.

In her search for a new pink abode, the septuagenarian doll will make a number of worldwide appearances, including World Mastercard Fashion Week in Toronto in March to meet with some Canuck designers. **METRO**

'Ken' I come, too?

Do you want to know what it's like in Barbie world?

Wondering what the house — which started its fictional life as a studio apartment in 1962 and has undergone 10 renovations — is like?

Mattel is letting fans immerse themselves in Barbie's world with a real-life experience, giving girls the chance to see the Dreamhouse in person.

Or, they can get a glimpse of Barbie in her reality web series that's airing on Barbie.com.

The site even allows girls to customize their own Dreamhouse. **METRO**



Icon looks to move after decades in Dreamhouse

"It wasn't an easy decision for Barbie to put her Dreamhouse on the market, but this move marks an unprecedented opportunity for her fans to get an inside look at her dreamy home."

Lori Pantel, vice-president of global marketing for Barbie

Open house

Three walls equal great ocean view

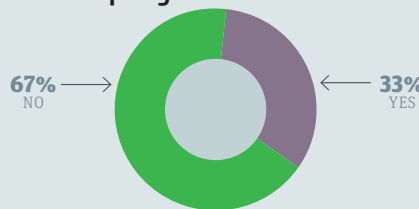
The 8,500-square-foot (measured in her heels), three-storey bachelorette compound features a spacious bedroom, three chandeliers, one elevator — in pink and with a state-of-the-art pulley system — and the best ocean view in Malibu (after all, it only has three walls).

METRO



Register at metropolitanpanel.ca and take the quick poll

Should sperm donors be able to apply to see their offspring?



Twitter

@LyndsayRlyons: Happy birthday Bob Marley!!!!!! Honored to share my birthday with youuu sir

<http://t.co/XSFvi2s8> via @geek-sofdoom

@justtoronto: Yes I went to Union Station to take pictures among The Walking Dead! #twdfeb10 <http://t.co/pKwtoWGZ>

@scottpmac: That's it, Monopoly is dead to me. #cat<iron

@TheMovieGod: Lucasfilm Possibly Developing Standalone Boba Fett and Young Han Solo 'Star Wars' Movies

@robtrench: The Iron is such a classic token in Monopoly, why change it to a cat? Reddit must have had something to do with this.

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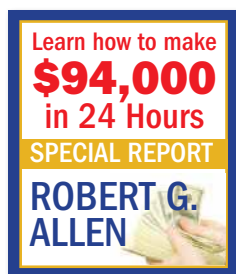
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Shirley Lum hosts food tours through her business, A Taste of the World. HANDOUT

2 SCENE

A taste of Chinese New Year

For foodies. Culinary historian offers Chinatown walking tours for those keen on learning about culture through food



BACKSTAGE PASS
Ian Gormely
scene@metronews.ca

Sit down to eat with Shirley Lum and you're likely to get more than a decent meal.

"Expect equal portions food for thought and food for the palate," says the Toronto-

based culinary historian. "You can learn a lot about any culture through their food."

Lum would know. Through her business, A Taste of the World, she's led food tours since 1993. In 1997 she started offering Chinese New Year tours for anyone keen to discover the myriad meanings and superstitions associated with the celebration.

Like Easter, Chinese New Year is tied to the lunar calendar — Sunday marks the kick-off of this year's festivities. As such, Lum is hard at work taking small groups on treks down Spadina to help the curious prepare for Saturday night's New Year's Eve dinner welcoming the Year of the Snake.

"The overwhelming theme is money, money, money," says Lum. New Year's celebrations emerged in a society where there was a lot of uncertainty. "They never knew if they would have flood, famine or drought," she says. As such, people hoped that the next year would be better. "You wish the same onto the people around you."

The family-focused New Year's Eve meal is a big tradition that caps off two weeks of celebrations. Preparation for the meal — which can consist of anywhere from eight to 12 dishes — can begin weeks in advance.

Lum's midday tours generally include stops at bakeries, tea shops, Dragon City Mall

Toronto's original Chinatown

Torontonians know the Chinatown around Spadina and Dundas, and are at least aware of the one at Broadview and Gerrard. But the city's original home for Chinese immigrants was on Elizabeth Street, a space currently occupied by Nathan Phillips Square. "It was a very multicultural neighbourhood,"

says Lum, who dug through heaps of archives to find photos from this period. There were a slew of tiny Chinese-run laundries and shops, often with restaurants on the second floor. "The TD Bank at Bay and Queen used to be an old shack," she says. "Old City Hall is the only recognizable landmark."

and Chinese grocery stores for fresh food and snacks. Of course, the day is capped off with a delicious Chinese meal, with Lum explaining the meaning behind each dish.

"It's like leading up to

Christmas when all the toys start to come into the stores," says Lum. "I'm getting into the party mood."

Lum's walking Chinatown tours run throughout the month of February. Pre-register at 416-923-6813.



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The very talented icon follows her heart

Julie Andrews.

Actress has written 27 children's books with her daughter. Her newest one features a Valentine's Day mix-up

The legendary Julie Andrews has worn many artistic hats — all to great acclaim. Her latest, that of a children's book author, is no different.

"To date, my daughter Emma and I have done about 27 books together — that's a real joy for me," she says in her unmistakable British lilt, calling from her home in Long Island. The Very Fairy Princess Follows Her Heart is the latest instalment in the Very Fairy Princess series that she produces with her daughter, Emma Walton Hamilton, and Christine Davenier, who illustrates the series.

Their inspiration? To set their main character, the lively Geraldine, apart from the more stereotypical literary princesses



Julie Andrews. GETTY IMAGES

out there.

"We wanted to make her not really an anti-fairy princess, but one who is more of a tomboy," says Andrews. "Geraldine's got her socks about her ankles but she's convinced she's a fairy princess. And most of the time, she convinces everyone else that she is one, too."

In The Very Fairy Princess Follows Her Heart, Geraldine handcrafts valentines for her class. Because of a mix-up, she gets to school without them. By the end of the story, she saves the day by telling each of her classmates what makes them "sparkle in her eyes and heart," explains Andrews. What makes

Andrews on a real princess

Question. We ask Andrews what she thinks of her real princess, Kate Middleton, and she is, of course, nothing but gracious. "I think she's terrific. I wish her well. I can't imagine what she's going through in the limelight having a baby right now," she says. "But I think she'll pull it off beautifully. They seem to be a happy couple, and I'm so glad for them because they probably need each other very much, you know, with the job that they've got." When we suggest she put a few of her books in the mail to Middleton once she has her baby, Andrews laughs. "Well, who knows?"

Andrews' "heart sparkle" is writing the series with her daughter.

"I do a lot of other things. I tour, I speak and do the occasional film, so I'm a bit all over the place," she explains. "But what I'd call my day job these days — and my joy — is writing. It's certainly where my heart is right now." **METRO**

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The positive effect of playing a psychiatrist

Interview. Catherine Zeta-Jones speaks about what brought her back to the big screen and her connection to family

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Side Effects brings actress Catherine Zeta-Jones and director Steven Soderbergh together for the third time, following Traffic and Ocean's 12, and Zeta-Jones says Soderbergh knows the secret to keeping actors coming back.

"He rubbed my feet when I was pregnant in Traffic. That's the only reason why I keep coming back," she says with a laugh.

"He looked after a pregnant woman so well, I just knew I'd always be in good hands."

Of course, it takes more than foot rubs to get Zeta-Jones interested in a project. Over the past few years, she has focused on her home life following husband Michael Douglas' battle with cancer.

"I love my job, but it takes



Catherine Zeta-Jones returns to the big screen to work with Steven Soderbergh. HANDOUT

me a lot to leave my kids, leave my husband and leave my dogs," she says.

"I find it really hard to leave my children. I think

that I'll never get these beautiful, formative, delicious years back, and it takes me great thought and what is it that I want to leave my kids

and my husband for? And this obviously was a must for me. I'd pretty much do the phone book with Steven if he asked me, just read it in three dif-

Her husband is kissing Matt Damon

Catherine Zeta-Jones' husband, Michael Douglas, is also re-teaming with director Steven Soderbergh, taking on the role of Liberace in the HBO movie Behind the Candelabra. The role calls for Douglas to lock lips on-screen with co-star Matt Damon, something Zeta-Jones says she's OK with.

- **Quote.** "I've seen Behind the Candelabra and if my husband's going to kiss

anybody else in the world, I'm so happy it's Matt Damon," she says. "Supposedly when Matt Damon was kissing Michael, he closed his eyes and pretended he was kissing me. He said that to Michael. Matt was closing his eyes and kissing Michael and pretending he was kissing me, and I just thought that was one of the biggest compliments I've ever had."

ferent languages — French, Welsh and English."

There was one other element of Side Effects that had a can't-miss appeal for Zeta-Jones, and that was the chance to tackle playing an accomplished psychiatrist.

"I'm actually thrilled that Steven cast me as a doctor because I never went to college, and I always wanted an M.D. after my name," she says. "I'm really quite flattered that he fulfilled my mother's dream."

There are other gigs beckoning Zeta-Jones away from home, too.

She just wrapped filming on Red 2, the sequel to the 2011 action hit starring Bruce Willis and Helen Mirren, and she'll be on stage later this month at the Oscars for the awards show's tribute to musicals from the past decade, including Chicago, for which Zeta-Jones won an Oscar.

"I'm absolutely terrified. I don't quite know the exact capacity in which I will be (involved)," she says.

"I'll be there, put it that way. I don't quite know what I'll be doing. That will be fun."

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Beckham still weirded out being on billboards

Ad campaign. Becks talks about working with Guy Ritchie, his fitness routine and supporting his wife

David Beckham has a knack for keeping his name in the news, and his face — and well-sculpted body — in front of the cameras. The newest

ad campaign for his body-wear collection for global retailer H&M is being released on the heels of the announcement that he's joining the French Paris-Saint Germain soccer club.

The ad campaign, directed by Guy Ritchie, is more like a film short. Beckham stars as an action hero, saving the day in Los Angeles in his boxer briefs and bedroom slippers.

The 37-year-old Beckham said he's committed to this

for the long haul, but is still a little startled looking up at a billboard and seeing a giant version of himself.

"No matter how many campaigns I do with H&M, I will never get used to seeing myself on billboards," he said. "It's always a surprise to me when I see them. I'm lucky to work with such great photographers and stylists, so the images are always the best they can be."

Beckham responded to

questions via email.

Working with Ritchie seems like a little bit of a leap into acting. Is that where you are heading?

It's been great working with Guy. He's one of my favourite directors, and also a friend, so it was amazing to work with him on my new body-wear commercial for H&M. It was good fun playing an action hero for the day, getting to do all the stunts and end-

ing up in unexpected situations, but acting full time is not something I see myself doing in the near future.

Is there a movie you wish you could have starred in?

I love Guy's film *Lock, Stock and Two Smoking Barrels*. It came out in 1998, which was such an exciting time to be British. I remember the attitude and energy of the film as if it were yesterday, and it went on to define so much about how British men saw themselves for years to

come. But I wouldn't want to actually appear in the movie — I have too much fun watching it.

What's the biggest challenge in sticking to your fitness routine?

Keeping fit is really important as playing football is all I've ever wanted to do. I'm training a lot at the moment so fitness is an integral part of my day. I think I'd find it more of a challenge if I wasn't able to keep in shape.

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Soccer star David Beckham on the set of his newest ad campaign for his bodywear collection in Los Angeles. HANDOUT

Disney

Brace yourself Star Wars geeks

Disney is mining The Force for even more new films.

Walt Disney Co. CEO Bob Iger said Tuesday that screenwriters Larry Kasdan and Simon Kinberg are working on stand-alone Star Wars movies that aren't part of the new trilogy that's in the works.

"There has been speculation about some stand-alone films that have been in development, and I can confirm to you today that in fact we are working on a few stand-alone films," Iger told CNBC.

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Lady Gaga. ALL GETTY IMAGES

Lady Gaga's weird and wonderful dressing room requirements leaked

Lady Gaga's list of dressing room requirements has leaked, and while there are more demanding celebrity singers out there — Mariah Carey comes to mind — she wouldn't be Gaga without a few eyebrow-raising items.

Gaga's requests include lavender towels and hand soap as well as yellow, lavender and white roses and, according to correspondence obtained by Celebuzz, "a mannequin with puffy pink pubic hair."



Russell Brand

Despite Stern prodding, Brand refuses to thrash ex-wife Katy Perry

During a recent visit to Howard Stern's radio show, Russell Brand got the chance to criticize ex-wife Katy Perry for dating John Mayer, but he didn't take it. "Doesn't she know that he's a worse womanizer than you?" Stern asked, to which Brand joked, "Worse or better, depending on how you view it." But Stern's prodding didn't producer any naysaying. "So help

me God, Howard Stern, I will not compromise my ex-wife's vagina for the sake of ratings," Brand declared. "That woman was perfect from top to bottom." As for Brand's own love life: "I'm not dating anybody. Actually, I'd like a romance," he says. "Not so much playing the field, just going through life, doing yoga, concentrating on this TV show and trying to find a nice wife."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



'Unflattering' pictures put Beyoncé's vanity on show



THE WORD
Dorothy Robinson
scene@metronews.ca

On Monday BuzzFeed published a story entitled "The 33 Fiercest Moments From Beyoncé's Halftime Show" which, as the title entails, includes photos of Bey looking like the warrior princess she is. The problem? Apparently, Beyoncé and her team found some of the pictures unflattering and emailed the site to have them taken down as, god forbid, Beyoncé ever look unattractive. The email

from her publicist read, "Thanks for taking my call. As discussed, there are some unflattering photos on your current feed that we are respectfully asking you to change. I am certain that you will be able to find some better photos."

The Word is reprinting one of the photos here. As you can see, it isn't the best but how in the world could a few bad shots of Beyoncé ruin her stature as an icon? They are merely drops in the ocean of Beyoncé imagery that saturate our day-to-day lives. Faces make faces, especially when you're performing as hard as she did on Sunday night. If anything, it's nice to know that she's actually a human and not some leather clad robot created by the Knowles family to make all women feel terrible about themselves.



Chris Brown

Brown may have to redo community services due to 'discrepancies'

Chris Brown may have to start his community service all over again now that a Los Angeles District Attorney is alleging the singer failed to provide "credible, competent or verifiable evidence" that he fulfilled his obligation, according to the Los Angeles Times. Brown was given 180 days of community service as part of his sentence for assaulting Rihanna in 2009, and he was granted permission to complete it in his home state of Virginia. But now D.A. Mary Murray

claims there are "significant discrepancies" in the reports about his service, which she says are "at best sloppy documentation and at worst fraudulent reporting." Brown's lawyer, Mark Geragos, is promising to fight back, though. "Apparently the district attorney's office has completely lost their minds," he tells the newspaper. "They are making scurrilous, libelous and defamatory statements and apparently have lost their ability to read their own reports."

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Switch things up this Valentine's Day by trying something different. Below are a number of fun date options for you and your honey. ISTOCKPHOTO/THINKSTOCK

Dates are a many-splendoured thing



ASTRID
VAN DEN BROEK
For Metro

So maybe you didn't score a reservation at the restaurant of your dreams. Or perhaps you are looking to do something different or something new. If you want to switch things up this Valentine's Day, here are 10 fun date options for you and your honey.

1 Karaoke. "You can do this whether you just started dating or if you've been together for a long time," says Kim Hughes, singles and dating expert for the Toronto-based online dating site Lavalife.com.

2 Take in a pub. "Visit an old timer's bar — every neighbourhood has one — and have a pint and play darts," Hughes said. "It takes the pressure off of the date and you're not going to have to hand over your wallet at

Cost-efficient dates

No money? On a bit of a budget? Here are a few cost-efficient options for date night.

- Go for a skate (or toboggan ride). Assuming you have your own gear, including sharpened skates or toboggan, head out for some free winter fun.
- Make dinner at home. "There's no need to make

anything elaborate and it's much more fun when both of you are participating," says Sheree Morgan, a Vancouver-based matchmaker and dating coach.

- Explore together. "Go enjoy a new part of your city or town that you're not as familiar with," suggests Kateryna Spiwak, a Toronto-based dating and relationship coach. "And

if it's in your budget, have dinner in that area, too."

- Take a hike. "People often hike on the weekends together, so if you have the day off go for a hike through a nature preserve or valley area," Spiwak said.
- Make it movie night. PVR a movie ahead of time and uncork a bottle of wine for a movie night at home.

the door to go in."

3 Go bowling. Better yet, if you are a new couple and aren't sure where the relationship is going, grab another couple or two to go along with you and team up, Hughes suggested.

4 Revisit. "If you did something on the very first

date you went on, do it again and go down memory lane," says Sheree Morgan, a Vancouver-based matchmaker and dating coach.

5 Move together. "Take a dance lesson together or go to a salsa or meringue dance club," says Kateryna Spiwak, a Toronto-based dat-

ing and relationship coach. "Or you could go bowling together or play Ping-Pong for fun."

6 Make it a threesome. No, not like that. "Have dinner at home and bring in a massage therapist to come by to give you massages," Spiwak said.

7 Make the most of winter. If the lucky two of you have the afternoon or day off, hit the slopes for some skiing and après-skiing cocktails, dinner and snuggling. Don't ski? Try tobogganing or snowshoeing.

8 Think themed. If you are in a big city, visit your local museum to take in an Asian exhibit and follow that up with a Thai, Chinese or Japanese dinner.

9 Bring dinner home. Rather than heading out to a packed restaurant with its equally jammed reservation schedule, hire a chef to cook dinner in your home. "Or hire someone to come in and play music for you while you're having dinner at home," Spiwak said.

10 Pretend it's prom. Spring for a limo to take a drive through your city or to take you from your home to cocktails to dinner.

7
shopping
days left

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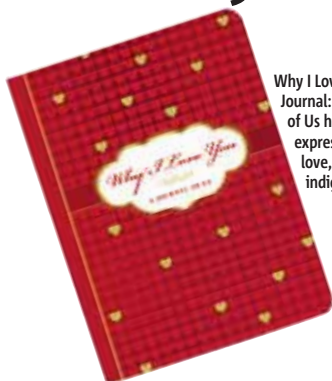
Make your own photo book at Blurb to help you commemorate the love you share, blurb.ca.

Tiffany Locks pendants in sterling silver: Emblem lock, \$165, large heart lock, \$165, mini round lock with a pendant chain, \$140, tiffany.com.



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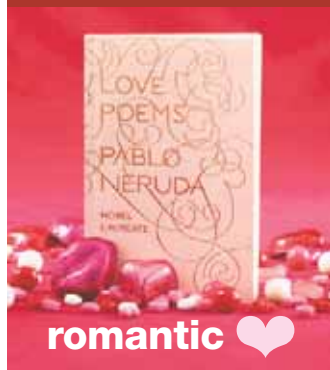
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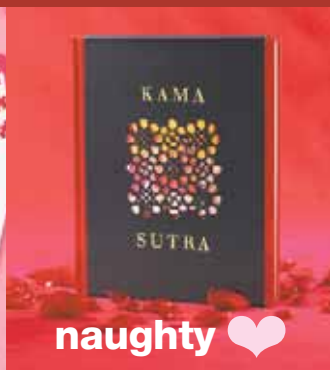
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A sweetheart top-to-toe beauty guide for him and her



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For Metro

Glossy, healthy looking hair begs to be touched. For her: **Shu Uemura Essence Absolue Oil-in-Cream** leave-in for dry, frizzy or curly hair, \$68, via shuueamuraartofhair.com for salons. For him: **Red-**

ken Clean Spice 2-in-1 Conditioning Shampoo to cleanse and strengthen, \$13.75, via redken.ca for salons.

Great travel skin care kits are genius add-ons to plans for a romantic getaway. For her: **NARSskin Luminous Moisture Set** (includes full-

size serum and eye cream) \$159, at Holt Renfrew, The Bay, and narscosmetics.ca. For him: **Anthony Logistics for Men Grab & Go Kit**, \$45, via ebeauty.ca.

Think of fancy lip balm as a special investment in your kissing future. For her: Luxurious **Diptyque Soothing Lip Balm**, \$42, at Holt Renfrew. For him: **La Mer The Lip Balm** (it's shine-

free), \$58, at Holt Renfrew.

Let's just say soft hands equals soft heart. For her: The swoon-worthy **Crabtree & Evelyn Hand Therapy Paint Box Tin**, \$60, at Crabtree & Evelyn stores. For him: All-natural, super-moisturizing, unscented and non-greasy **Consonant Body Intensive Therapy Organic Hand Cream**, \$20, at

consonantbody.com.

Tempting bath and body treats are a must. For her: A vanilla-licious **Philosophy X's and O's** gift set, \$32, at Shoppers Drug Mart, Sephora and select Bay stores. For him: A fresh-off-the-yacht **Fruits & Passion F/P Homme Numero 003** gift set, \$48.50, at Fruits & Passion.

Supple, silky skin is the gift that keeps on giving. For her: Dreamy **Caudalie Divine Oil** (for hair, too), \$49, at Sephora. For him: Muscle-



warming
Weleda Arnica Massage Oil, \$25.50, via weleda.ca.

The how-to of smooth, comfy feet is unsexy, but the results are worth it for playing footsie. All dry heels need an easy-use **Emjoi MicroPedi**, \$49.99, via micropedi.ca. For her: Comforting **L'Occitane Dry Skin Foot Cream**, \$30, at L'Occitane. For him: Pre-activity **Kiehl's Cross-Terrain Dry Run Foot Cream**, \$24, via kiehls.ca.

Clockwise, from top left, Redken Clean Spice 2-in-1 Conditioning Shampoo, Crabtree & Evelyn Hand Therapy Paint Box Tin, Philosophy X's and O's gift set, Fruits & Passion F/P Homme Numero 003 gift set, Emjoi MicroPedi, NARSskin Luminous Moisture Set, Kiehl's Cross-Terrain Dry Run Foot Cream, Caudalie Divine Oil, Consonant Body Intensive Therapy Organic Hand Cream, L'Occitane Dry Skin Foot Cream, Shu Uemura Essence Absolue Oil-in-Cream, Weleda Arnica Massage Oil, Anthony Logistics for Men Grab & Go Kit.



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From admiring to hiring: Jason woos famous faces

Wu done it.

The one-man style super force speaks of Stephanie Seymour, styling Michelle and his signature Wuism

KENYA
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Last month there was a rumour circulating on Twitter that your first words in English were Stephanie Seymour, who now stars in your ad campaign. Is that true?

Not quite, but it might as well be. When I first moved to Canada from Taiwan, my mom bought me a sewing machine. I didn't speak a lick of English. I grew up speaking Mandarin. So I learned the language by reading my mom's fashion magazines. I was never the best student in school. I learned by applying what I loved. One day I was talking to my aunt, who also had a lot of fashion magazines, and I pointed out Stephanie Seymour. She was like, 'How do you know who Stephanie is?' I've worked with so many people I grew up admiring. Fashion seems to be this impenetrable, daunting industry. But for me to be able to get to where I am today speaks to how many opportunities there are for young people in New York.

Even with the lingering recession?

It's funny because I started during an economic downturn. I've never really experienced a good economy in that regard. It's always been a little difficult.



Acclaimed designer Jason Wu moved at age nine from Taipei, Taiwan, to Vancouver. CONTRIBUTED

I started my business when people were running for the hills and not buying anything.

You've dressed Michelle Obama for two inaugurations. How did the second one differ from the first?

It wasn't something that I quite expected to happen. I can't say that I know so

much about politics. And when I was approached the first time, I wasn't as familiar with Mrs. Obama. I felt like I was part of a moment. But with this second time, it felt more subtle. I felt like it was important for me to keep pretty private about it. I never wanted to sort of exploit the fact that the first lady has been so great to

Second time's a charm

What were you doing in the exact moment when you first saw Michelle Obama in her second inauguration gown?

For the last inauguration, I was at home. But this time my staff and I were working because I have my show coming up. We were live streaming it on my computers and no one wanted to talk about it so as not to jinx it. But when we saw her, we just all let out this scream. When I first did this four years ago, I had four employees. But this year, I had 30 to celebrate with.



wear me on such an important occasion.

In some parts of the world, you, who left Taiwan as an adolescent and have a connection to Canada, are now the face of American fashion.

It's quite cliché in many ways, but a lot of times we talk about achieving the American dream, that you can come here from anywhere in the world, from any walk of life and

succeed. And in the real world you don't think that ever happens. But my career has changed my mind about that.

You're collaborating with Lancôme on a beauty line. And you once created a nail polish collection for CND.

Beauty is a compliment to the clothes. In my teens I bought the Kevyn Aucoin books and used to just stare at them. They were so inspiring for me.

I've never been the person to do minimal hair and makeup. Beauty has always been a part of the design process for me. Even in my working with Hollywood actresses, I'll work with the hair and makeup. I've worked with Diane Kruger, Michelle Williams, Jessica Paré. When it's done correctly, it can create some magical moments.

Are there any that stand out in your mind?

Diane Kruger at the SAG Awards two years ago. We collaborated together. She wore red lips and was very high glam and high contrast. The combination of the hair and makeup and dress suited the event beautifully.

What can you tell us about your upcoming autumn/winter collection?

I've been working on being more confident in what I do and to create real signatures. So there's going to be a lot of signature Wuism that people have come to know me for, taken to another level. That's the whole part of brand building, to drive the point home every time you do anything. Naturally, I feel like I've grown up some.

3
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The Kit

Canadian street style

Spotted in: Vancouver

Sasha,
Fashion lover

Age: 22

What she's wearing

Obakki coat, Maison Olga Milan sweater, Wings + Horns scarf, Rag and Bone jeans, Dries Van Noten shoes.

Her inspiration

"The weather inspires me to dress cozy and warm and I always try to find a way to do this stylishly."

THE KIT PHOTOBLOGGER: M'C KENNETH LICON, LITTLEFASHION-ISTO.COM

THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT – AN E-NEWSLETTER PROGRAM – AND A WEEKLY NEWSPAPER SECTION TOO!



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@Jeanne_Beker: Very excited! I'm getting a special achievement award from the Canadian Academy of Film +TV on Feb. 27th

@MorleyNirenberg: Mazeltov Jeanne! So very well deserved. #tvicon

@Zaib_Shakh: Big time Congrats Jeanne to a big time pioneer & ambassador.

@TOBeautyReviews: congratulations!!!! Well deserved!

@styleblogca: xoxo! Congrats, Jeanne!!! You are an inspiration.

@LisaTant: Congrats on the Canadian Academy honour @Jeanne_Beker So well-earned!

@MichaelKingEsq: congrats darling!!! Miss you. M xx



@Jeanne_Beker: Backstage @ Sensation Mode at Semaine Mode Montreal with @Martin_Lim



@Jeanne_Beker: Watching Symbiose by Hinda A at Semaine Mode Montreal...



@Jeanne_Beker: Love the poster in the @EDITbyJeanneB showroom! Here in Montreal now, putting final touches on fall.



@Jeanne_Beker: With awesome Filip Jeremic, about to launch into an "audition" interview for @muchmusic VJ Search

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A leaner and lighter way to celebrate Chinese New Year



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I love the Mu Shiu served in Chinese restaurants. Minced pork, chicken or beef with hoisin sauce and vegetables is served in lettuce leaves or flour wraps. They're high in calories and fat due to extra oil and the fattier quality of the beef. These homemade ones taste great and they're leaner. The peanut sauce is made with light coconut milk. Try them when you celebrate the Chinese New Year on Sunday.

1. Spray large non-stick skillet with cooking oil, add vegetable oil and place over medium-

Celebrate

The Chinese New Year Carnival 2013 comes to Toronto on Feb. 16. Visit legendof-china.net for more.

high heat. Sauté the onion until browned, about 5 minutes.

2. Add carrot and bell pepper and sauté for 8 minutes, until the vegetables are tender-crisp. Add beef and sauté until no longer pink, about 4 minutes.

3. Combine coconut milk, peanut butter, soy sauce, vinegar, sesame oil, garlic, honey, sesame seeds, ginger and chili sauce. Add to beef mix and sim-

Ingredients

- 2 tsp vegetable oil
- 1 cup chopped onion
- 1/2 cup diced carrot
- 3/4 cup diced red bell pepper
- 12 oz extra-lean ground beef
- 1/4 cup light coconut milk
- 2 tbsp natural peanut butter
- 4 tsp low-sodium soy sauce
- 4 tsp rice wine vinegar
- 2 tsp sesame oil
- 1 1/2 tsp minced garlic
- 1 tsp honey
- 1 tsp sesame seeds
- 1 tsp minced fresh ginger
- 1/2 tsp hot Asian chili sauce
- 1/4 cup chopped cilantro
- 1/4 cup chopped green onions
- 8 large Boston leaves

Cookbook of the Week

Takeout, without the takeout part



Ordering in is not the only

way to enjoy your favourite Chinese dishes.

In her book *The Chinese Takeout Cookbook*, Diana Kuan brings Chinatown to your kitchen with 80 popular recipes, including appetizers, main courses, noodle and rice dishes and desserts.

With colour photos throughout as well as helpful tips, Kuan helps you to master classics such as Cold Sesame Noodles, Kung Pao Chicken, Beef Chow Fun, Hot and Sour Soup, Moo Shu Pork, Black Sesame Ice Cream, Pork and Shrimp Egg Rolls and much more.

METRO

mer 3 minutes.

4. Stir in cilantro and green onions. Divide among lettuce leaves and roll up. **RECIPE COURTESY OF ROSE REISMAN**

Asian Beef Lettuce Wraps with Peanut Sauce



This recipe serves four. COURTESY OF ROSE REISMAN

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New townhomes by the moraine



The Richmond Hill townhomes are surrounded by hills, forests and lakes. SUBMITTED

Meet the condo

- **What.** Kettle Lakes Club
- **Builder.** Aspen Ridge
- **Location.** 12890 Bayview Ave., Richmond Hill
- **Website.** aspenridgehomes.com
- **Sizes.** From 1,640 - 2,066 sq. ft.
- **Pricing.** From the low \$524,990 - \$544,990

The project overview

Aspen Ridge proudly offers Kettle Lakes Club on Bayview in Richmond Hill's most dynamic location by the Oak Ridges Moraine. An exciting collection of executive townhomes featuring innovative modern architecture and surrounded by an abundance of rolling hills, forests and lakes.

Location and transit

Commuting is handy with nearby Highways 400 and 404. The Richmond Hill GO station and York Region Transit bus routes are only minutes away. Commuters can be in the Toronto downtown within the hour.

In the neighbourhood

Down the street is the new Oak Ridges community centre. The neighbourhood is close to Richmond Hill's other modern amenities including shopping, dining and nightlife. The vicinity is also home to many golf courses.

Building amenities

Scenic hiking and biking trails snake through the wooded terrain, enhanced with walkways and look-out points. The neighbourhood offers a wealth of recreation with large parks, public swimming pools, skating and hockey arenas, a 300-person amphitheatre and a skateboard park.

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Rooftop Surfing

BILD members victorious in nine at the Nationals



BRYAN TUCKEY
President and CEO of the Building Industry and Land Development Association (BILD) can be found at twitter.com/bildgta, facebook.com/bildgta, and bildblogs.ca.



One of the highlights of my job as President and CEO of BILD is that I get the honour of being part of the success of GTA-based builders, developers and renovators on an international level. I'm very proud of the quality projects BILD members bring to the market, and it goes to show that new homes and condominiums in the GTA are among the best in the world.

Just a few weeks ago I found myself cheering on our members as they competed for top honours at the 2013 National Sales and Marketing Awards, presented by the National Association of Home Builders in Las Vegas. The result — nine trophies triumphantly brought north of the border to the GTA!

Now in its 32nd year, The Nationals pays tribute to superior sales and marketing achievements by individual professionals, homebuilders and associates, and sales and marketing councils. It is the largest competition for sales and marketing professionals and communities in the United States, with entrants judged by a diverse panel of industry

experts over a three-day period. Canary District by Dundee Kilmer — a joint venture which includes Dundee Realty — and Tao by Signature Developments each picked up two awards to lead the way for Team BILD.

Canary District was selected as winner of the prestigious urban community of the year award as well as the award for best website for a community, thanks to their agency Montana Steele Advertising. Signature Developments was awarded the best direct mail and best Internet marketing campaign for consumers for their work with Blacket Inc.

Other award winners included Arista Homes, BrandyLane Homes, Cresford Developments, Diamondcorp, Edenshaw Developments and Sorbara Development Group, along with 52 Pick-Up, L.A. Inc. and PM Design and Marketing.

While this competition tends to lean heavily toward the home side, American homebuilders have been seeing some hefty competition from their Canadian peers, most of whom come from the GTA. In fact, this year's competition featured a short-list featuring 52 entries from the GTA in the 53 available categories.

On behalf of BILD, I would like to congratulate all the winners and finalists on their amazing accomplishments. It's a pleasure to represent such a dedicated group of professionals and I am thrilled to see you recognized for your hard work.

FOR A FULL LIST OF WINNERS AND PHOTOS, VISIT THENATIONALS.COM

What's hot on the condo market



DUNCAN MCALLISTER

1. Vaughan

Preview open house: Impressions in Kleinburg located at 9829 Hwy. 27, Vaughan. Feb. 9 to 10 from 11 a.m. to 6 p.m.

CONTACT: FOR APPOINTMENTS, VISIT IMPRESSIONSKLEINBURG.COM

2. Yonge & Eglinton

Ground breaking: Minto 30 Roe, winter festivities at 30 Roehampton Ave., Feb. 9 from 1 to 6 p.m.

CONTACT: CALL 416-915-3812 OR VISIT MINTO.COM

3. Leslieville

Open House: The Ninety Lofts. Several units. Queen E. Leslieville neighbourhood. 90 Broadview Ave., Feb. 7 to 8 from 3 to 7 p.m.

CONTACT: CALL 416-368-5262

4. Mississauga

Open House: Two large Mississauga town houses for lease. Three-storey, three bedroom plus den. 370 Square One Dr., Feb. 9 to 10 from 2 to 4 p.m.

CONTACT: CALL 905-232-5000

Bring your favourite coffee shop home

Everybody knows the cost of that daily coffee you pick up on the way to work can add up to quite a bit of money each year. For Canadians who give in to the daily grind, we spend on average \$700 each year for a plain cup of coffee. At this time of the year, it might be nice to save some money while enjoying our java. Invest in an at-home-brewing machine and a thermal travel mug and you could be saving hundreds of dollars a year on your morning ritual.



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Not only can you save money, but you can also help keep millions of paper cups out of the landfills when you use a refillable mug. Here's a list of the machines and coffee costs (based on a five-day work week) from a few of your favourite java houses.

Event

Want more decor ideas and tips from Karl? In Toronto? Come to the Cambria Studios at 91 Parliament St. on Saturday, Feb 9 for a free trends seminar. Karl will also be answering your decor questions. This interactive event starts at 12 p.m. sharp and goes to 2 p.m.; everyone attending must register by calling 416-363-8801 to secure a seat.



Tim Hortons' Tassimo

Canada's favourite cup of java by far. Their at-home brew comes in the form of the Tassimo T-DISCs capsules and gets made exclusively in a Tassimo at-home-brew machine. The average machine price is \$160 and the coffee capsule is 65 cents — that's \$169 per year.



Van Houtte's Keurig

An established coffee house in Quebec, Van Houtte is making inroads across Canada. Their at-home-brew version is from the Keurig's brewing system and capsules are called the K-CUP. The Keurig Special Edition 860 brewer machine costs \$180 and the K-CUPS average 73 cents, that's \$189.80 per year.



Starbucks Verisimo

Starbucks, the big American coffee shop, has done marvels for the coffee culture in Canada and around the world. For those who criticize the dark-roast blends, they've introduced the Blonde Roast coffee, a lighter, fresher coffee bean. Starbucks has their own at-home-brewing machine called the Verisimo System, which costs \$200. Their Verisimo coffee pods cost an average of \$1, which will average you about \$260 for a coffee before each work day.



Timothys Keurig

A lesser known shop is Timothys, which started in Ontario and has spread throughout Canada and a bit in the United States. Their at-home-brewing machine is also the Keurig (like Van Houtte) and the B31 Brewer costs \$100. Look for it in a few fashionable colours. The K-CUP capsules average 73 cents per cup, which tallies into about \$189.80 per year for your morning work coffee.



Nespresso

Here's the case of a reverse situation. Nespresso launches quality brand espresso capsule systems and it becomes so popular that they start opening Nespresso Cafés around the world. Look for them on the toniest of streets in major Canadian cities. The fancy Nespresso Grand Maestria machine costs a whopping \$800, capsules average 60 cents each or \$156 per year. It's all about exclusivity and prestige with this brand.

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Hygiene



It's simple — wash your coffee and teapot after every use. iSTOCK IMAGES

Cleaning not your cup of tea?



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I never know if you're supposed to wash a coffee and teapot with soap and water

after each use?
-Jen, Calgary

Some people suggest that by not washing a coffee or teapot, you actually enhance the flavours of the beverage. The oils of the coffee or tea stay in the pot and this helps with the flavour.

My concern is that if you don't wash a coffee or teapot correctly, then the natural oil residue can become rancid and this definitely

affects the flavours and can potentially make you sick.

The answer is simple. From a hygiene perspective, you must wash the coffee or teapot after each use.

Ensure that you rinse it out well after you have washed it to ensure that you don't leave any soap residue in the pot. When you do wash these, use a simple, soft cloth, with a PH neutral dish soap. Remember not to use too much soap.

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Remarkable





Boston Celtic Paul Pierce drives to the basket as Toronto Raptors Amir Johnson and Rudy Gay defend on Wednesday in Toronto.

FRANK GUNN/THE CANADIAN PRESS

Streaking Celtics fight way past Raps

NBA. Andrea Bargnani receives a mix of cheers and boos upon entering game

Kevin Garnett poured in 27 points and grabbed 10 rebounds to lift the Celtics to a 99-95 victory over the Raptors on Wednesday, stretching Boston's win streak to five games and spoiling the return of Toronto's Andrea Bargnani.

Rudy Gay had 25 points and

12 boards to top Toronto (17-32). Kyle Lowry added 17 points and eight assists, and Amir Johnson finished with 16 points and 12 rebounds.

Bargnani, in his first game since being shelved by an elbow injury for 26 games, had 13 points in 24 minutes.

Courtney Lee added 15 for the Celtics (25-23), who are missing all-star guard Rajon Rondo (season-ending anterior cruciate ligament tear). Paul Pierce had 12 points to go with 11 rebounds.

Leandro Barbosa, playing

On Wednesday

99

Celtics

95

Raptors

his first game back in Toronto since the Raptors traded him last March, scored 12 of his 14 points in the fourth quarter.

Neither team dominated what was a pedestrian affair

until midway through the third quarter when Lowry, Gay and Bargnani worked like a well-oiled machine.

In one four-second stretch in the final minute of the frame, Gay drained a three-pointer, stole the ball off Jason Terry and found a sprinting DeMar DeRozan who finished with a layup.

The Raptors led 79-69 with one quarter left.

The Celtics fought back with a 21-6 run in the fourth, Garnett's basket with four minutes left putting Boston up 90-85.

THE CANADIAN PRESS

MLS

Nelsen putting his stamp on Toronto FC

It's only pre-season but it's an intense slog for Toronto FC players under the new regime of Ryan Nelsen.

On Wednesday, the former New Zealand international defender and his coaching staff put their MLS team through a tough late-morning session under the searing Florida sun.

Each part of the practice had been planned in advance, with the players briefed at a morning meeting on what to expect. Everything was timed down to water breaks — which was the only time the players stopped working.

Just as NFL coaches script their opening plays, Nelsen and his staff have a definite pre-season plan to prepare Toronto FC.

"We don't just put on a session for the sake of putting on a session," Nelsen said afterwards. "You don't have very many in pre-season so you've got to get it right."

At 35, Nelsen may be new to the sidelines but he has clearly been preparing for his time as a manager. He has reviewed, edited and revamped training sessions he has taken part in or witnessed to craft his own vision.

"As a coach, I have a DNA of how I want my team to play and that's evolved over years of observations and learnings. What comes out is my fingerprint and it will be my fingerprint on the team."

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Leafs forward Nazem Kadri, who has three goals and eight points, is leading the charge on offence for Toronto.

TORSTAR NEWS SERVICE FILE

Win or lose, Leafs are on the right path



THE HOCKEY NEWS

Adam Proteau
toronto@metronews.ca

If at any point in 2012 you told Maple Leafs fans that this year the franchise's top three scorers after 10 games would include two players who finished the 2011-12 campaign with the Toronto Marlies and a 23-year-old who wasn't with the organization last season, you would have needed a fleet of crop-dusters spraying the city of Toronto with smelling salts to revive Leafs Nation from a mass fainting spell.

However, that's exactly where the team is today. Nazem Kadri (three goals, eight points), James Van Riemsdyk (six goals, seven points) and Matt Frattin (five goals, seven points) are leading the charge on offence for

Toronto, while the veterans normally expected to do so are either struggling mightily (see Kessel, Phil) or injured (see Lupul, Joffrey).

The future is now in Leafs Land. And that's not a bad thing at all.

Think about it — would you rather have the latest version of an overpaid veteran on the Leafs roster taking up valuable minutes and growth opportunities? For many years, Toronto management was far too willing to throw money at veteran players such as Jason Blake, in part because the franchise's prospect base was thinner than a fashion model. But now, thanks to the increased attention to scouting and development that began under former GM Brian Burke, there is more competition for jobs both at the AHL and NHL levels.

Now, an up-and-comer such as Frattin can find himself

left behind — as he was after Toronto's mini-training camp last month — if he isn't meeting expectations. That doesn't necessarily mean the Leafs have the luxury of a slew of youngsters who can step into an NHL role and thrive. However, it does mean the culture of expectancy that permeated the organization for too many years has, thankfully, come to an end. Head coach Randy Carlyle made that clear when he demoted Frattin and gave major minutes to veteran AHL defenceman Mike Kostka.

The Leafs may not have the most talent on the ice on any given night. But to management's credit, they are determined to make personnel choices based on merit and hard work. Even if that doesn't result in extended win streaks and a deep playoff push for Toronto this year, at least they're on the right path.

Milanovich a finalist for coach of the year award

CFL. Hufnagel, Benevides also nominees for honour



Argos head coach Scott Milanovich

TORSTAR NEWS SERVICE FILE

It has been quite a rookie season for Scott Milanovich.

The first-year head coach led the Toronto Argonauts to a 9-9 record and back into the CFL playoffs in 2012. He capped his season to remember by hoisting the championship trophy over his head after guiding the Argos to victory in the 100th Grey Cup game.

And on Wednesday, Milanovich was named a finalist for the CFL's coach of the year award. He'll be up against John Hufnagel of the Calgary Stampeders and Mike Benevides of the B.C. Lions.

"It was a great year for us and it's a great honour," Milanovich said. "Coach Huff and coach Benevides both had

great years too.

"Our organization did a great job — our coaches, our players. Really, the award, in my opinion, is all about what kind of success you had as an organization. I know they're talking about my name, but there's a lot of people who go into that."

Voting was conducted by the Football Reporters of Can-

ada. The winner will be honoured on Feb. 28 in Regina.

Milanovich said he won't feel any extra pressure in 2013 with Toronto being the defending Grey Cup champion.

"The staff and I are still trying to decide how we want to approach the season, but our philosophy has always been to concern ourselves with what's going on in our locker-room," he said. "If we do our job and concentrate on our team getting better, then the wins and losses will take care of themselves."

"There's no question it's a challenge. There's maybe a little less hunger from some of the guys, but the true champions are the ones that are going to want to do it every year. So we're going to have to figure out who those guys are and get more of them and make sure we have the same attitude we went into last year with." **THE CANADIAN PRESS**



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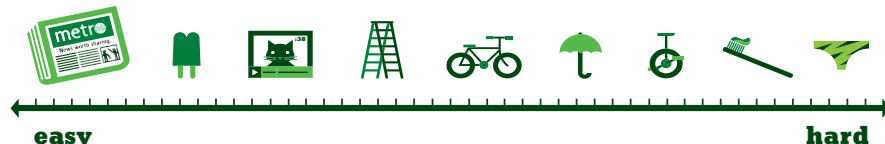
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Horoscopes

Aries

March 21 - April 20

Friendships are under excellent stars at the moment and someone you meet on your travels will become a firm favourite. Yes, they're a bit "different" but that's what makes them so interesting.

Taurus

April 21 - May 21

The current planetary set-up is overwhelmingly favourable. No, really, it is. Today's influences are especially good for matters related to your work or career, so make use of them. Let your boss see how keen and committed you are.

Gemini

May 22 - June 21

Employers and other important people are hugely impressed by your efforts over the past few months and some sort of recognition or promotion cannot be far away. They can see you've got what it takes — so take it.

Cancer

June 22 - July 23

You don't have to be fearful. You don't have to hide in the shadows. The way to overcome your doubts is to put them to the test. Do something today that most people would try to avoid. You're not most people.

Leo

July 24 - Aug. 23

Try not to be too hard on yourself. Yes, you have made mistakes, maybe more than a few. But you are human like everyone else, so don't beat yourself up about it. You make more mistakes because you take more risks.

Virgo

Aug. 24 - Sept. 23

What you need to remember today is that pressure can be creative. It may feel as if you are being forced to move into unfamiliar territory but don't complain too much. You will feel the benefits soon enough.

Libra

Sept. 24 - Oct. 23

Expect only good things over the next 24 hours. With Venus, your ruler, linked to luck planet Jupiter, no matter how far-reaching the changes in your life may be they will be positive ones. So, why worry?

Scorpio

Oct. 24 - Nov. 22

Break out of your rut and do something more constructive with your time. What that something is only you can decide. But, anything of an artistic nature will go well for you now as will affairs of the heart.

Sagittarius

Nov. 23 - Dec. 21

You will have to act quickly today if you want to avoid some kind of feud boiling over. Be fast, be firm and be the one who demands honesty all round. Too many people are still avoiding the truth.

Capricorn

Dec. 22 - Jan. 20

Ignore rules and regulations. Do what comes naturally and take no notice of those who say you should do everything by the book. If you listen to them, it's unlikely you will ever get anywhere worth going.

Aquarius

Jan. 21 - Feb. 19

The omens are very much in your favour and there is no telling what you might achieve if you have the courage to take a few risks. On the love front, especially, you will be much in demand over the next 24 hours.

Pisces

Feb. 20 - March 20

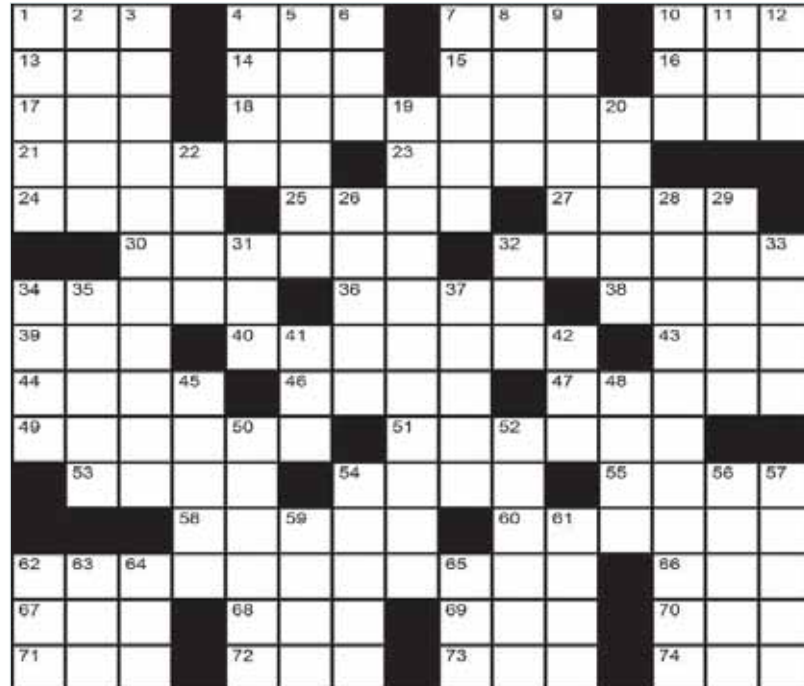
It may seem as if everyone but you is having fun at the moment but that's just because of your negative outlook. Open your eyes and see what a truly privileged lifestyle you lead and pretty soon you'll be smiling again. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Shih __ (Cute dog)
4. Calgary, __
7. Mil. authority
10. Canadian actor Mr. Bellows
13. Distinguished [abbr.]
14. Actress Ms. Ling
15. King, in Portugal
16. Rapa __ (Easter Island)
17. Dadaist Jean
18. Historic site in Alberta, Head-Smashed-In __
21. Fur __ (Beaver's bane in early Canada)
23. Earth's __ layer
24. Evening: French
25. Gaelic
27. Require
30. The Ewing Clan's show
32. Ruffled-waist, as on a dress
34. Gangster from 'Star Wars', __ the Hutt
36. Singer of "Grace Kelly"
38. Popeye comics kid, __Pea
39. "Take __, insist!"
40. iPads, and others
43. 'Fact' finisher
44. __ vinegar
46. TV-watcher's spot
47. Symbols
49. Dickinson of "Dragons' Den"
51. Together
53. "This __ laughing matter!": 2 wds.
54. Their: French
55. Increases twofold, for short
58. Courtroom event
60. Breakfast serving
62. Acadian singer of "Kissing Rain": 2 wds.
66. 'One' to Marie-Claire
67. British singer Rita
68. Affixed, abbreviated
69. Hour div.
70. Opposite WSW
71. VJ's network
72. __ Vegas
73. Mac rivals
74. Hockey great Mr. Apps

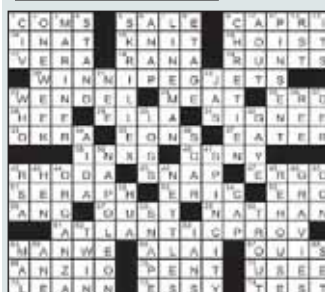
Down



1. " __ great!" (Congrats!)
2. Mask-and-sword swashbuckler
3. Causes of past due notices: 2 wds.
4. Superior at a French monastery
5. Comedy duo, __ and Hardy
6. "I Love Myself Today" by __ Naked
7. Fad
8. "Canadian Idol" Season 5 winner, Brian __
9. The __ Quintuplets
10. Antelope with ox-like horns
11. 'Consort' completer
12. Collagen target
19. Coal and petroleum: 2 wds.
20. Army vehicles
22. Dullsville
26. Sylvester Stallone title role
28. Dan Aykroyd's harmonica-playing character: 2 wds.
29. Expected to arrive: 2 wds.
31. Globe's long. crosser
32. Mr. Sajak
33. Prescriptions, commonly
34. "Letters from Iwo __" (2006)
35. Video game pioneer
37. Mr. Reeves
41. Peer Gynt's mother
42. Sixties-style protest, __-in

45. Wedding anniversary for tin
48. Relinquish control
50. Aboriginal artist Mr. Morrisseau, The Picasso of the North
52. Alanis Morissette hit
54. Milks: French
56. Squiggy's "Laverne & Shirley" pal
57. Hamilton, __ City
59. Speck
61. Clothing department
62. Movie genre, __-com
63. 'Comf' completer
64. Cleveland NBA-er
65. Rapsallion

Yesterday's Crossword

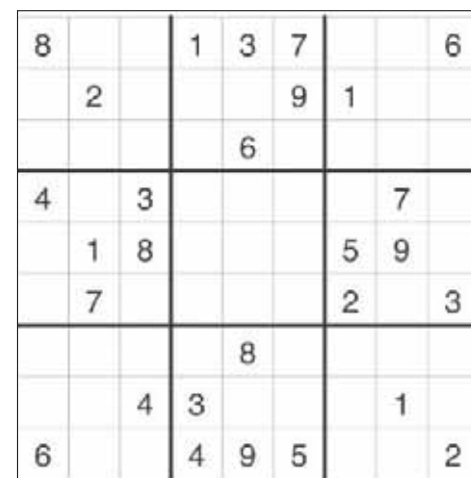


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today

-3°/-12°

Light snow

70%

Friday

-4°/-14°

Flurries

40%

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 HWY: 5.2L/100 KM
 CITY: 7.1L/100 KM



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\$108

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0%[†]

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AND
\$0

DOWN PAYMENT

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 HWY: 5.3L/100 KM
 CITY: 7.8L/100 KM



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• COOLED GLOVE BOX



Limited model shown

2013 SANTA FE

OWN IT FOR
\$167

BI-WEEKLY

WITH
1.99%[†]

FINANCING FOR 84 MONTHS

AND
\$0

DOWN PAYMENT

SELLING PRICE: \$28,395* SANTA FE 2.4L FWD AUTO. DELIVERY, DESTINATION & FEES INCLUDED. PLUS HST.


 HWY: 6.7L/100 KM
 CITY: 10.1L/100 KM



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STANDARD FEATURES INCLUDE: SIRIUS XM RADIO WITH BLUETOOTH® HANDS FREE PHONE SYSTEM • VEHICLE STABILITY MANAGEMENT W/ESC & TRACTION CONTROL SYSTEM • HEATED FRONT SEATS

2013 SONATA GL


 HWY: 5.6L/100 KM
 CITY: 8.7L/100 KM

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